

## Supporting the Development of Speech, Language and Communication in the Early Years

### Section 3: Guidance for 18 months – 2 years



## Supporting the Development of Speech, Language and Communication in the Early Years

#### Section 3: Guidance for 18 months – 2 years

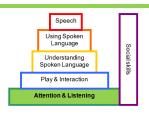
#### Overview Pages:

Attention & Listening	43
Play & Interaction	44
Understanding Spoken Language	45
Using Spoken Language	46
Speech	47
Developmental Sequences, Strategy Posters and Suggested Activities:	
Attention & Listening	49
Play & Interaction	52
Understanding Spoken Language	55
Using Spoken Language	58
Speech	61

Throughout this guidance, references have been made to typical development of SLC. It is important to support the child at their *developmental stage* rather than their age.

#### **Attention and Listening**

18 months – 2 years



Attention and listening skills are the foundation of speech, language and communication. Children need to develop these essential skills to be able to understand the world around them, develop social skills, understand routines, learn new words and develop speech sounds.

It is important to make sure children are attending before expecting them to listen.

#### Between 18 months - 2 years you may notice the child...

- > listens to a story with pictures
- likes to focus on an activity of their choice
- > may find it difficult to be directed by an adult
- > needs an adult to call their name to help them attend to what is being said
- enjoys listening to rhymes, songs and familiar stories.

#### **Creating an enabling environment:**

- ☑ Ensure there are quiet areas inside and outdoors.
- ☑ Repeat songs, rhymes and stories over and over again, using props.
- ☑ Ensure children can focus during shared activities e.g. avoid setting up snack during story time.

#### Strategies to develop attention and listening:

- Get face to face with the child.
- Follow the child's lead.
- Reduce distractions and background noise.
- Model good attention and listening.
- Praise good attention and listening behaviours.



#### PLAY WITH ME... use the suggested activities on page 51

Share a story

Sing songs and rhymes

Listen for sounds

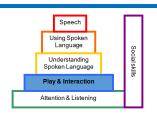






#### **Play and Interaction**

18 months – 2 years



Play is how children make sense of the world and it is crucial to support brain development in the early years. Through play, children develop and learn to use their speech, language and communication skills. Play is the essential context for learning about social skills for children under the age of five.

Interaction includes the ability to play cooperatively with peers and take turns. Through play and interaction, children learn to understand and regulate their emotions and develop their social skills.

#### Between 18 months and 2 years you may notice the child...

- takes turns in simple games e.g. rolling a ball
- is developing their pretend play with toys e.g. feeding dolly, driving a car
- follows an adult's body language e.g. pointing, gestures and facial expressions
- uses eye contact to start off interactions
- begins to play with miniature toys
- begins to sort and group objects e.g. puts all the cars or animals together
- can complete a simple shape sorter.

#### **Creating an enabling environment:**

- ☑ Ensure children can choose freely from a suitable range of books, toys and resources.
- ☑ Encourage children to help tidy up and sort things into boxes and baskets.
- ✓ Support miniature play with small world objects and toys.

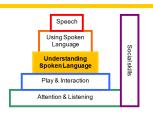
#### STRATEGIES to develop play and interaction:

- Model the 'play' opportunities and encourage interaction.
- Talk about what the child is doing by commenting on their play.
- Model and play pretend games with the child.
- Follow the child's lead and join in with their play.
- Encourage the child to take turns.
- Create opportunities for the child to communicate e.g. give the child a little bit of milk so they can communicate that they want more.



#### **Understanding Spoken Language**

18 months – 2 years



**Understanding spoken language (receptive language) is essential for children to make sense of the world around them.** It includes the ability to understand the words, sentences and the non-verbal communication of others. Children learn to develop an understanding of words and sentences in stages, first one word, then a number of individual words, then short sentences and longer more complex sentences.

#### Between 18 months – 2 years you may notice the child...

- is rapidly developing their single word understanding understands 200-500 words
- follows simple questions and instructions e.g. 'get mummy's shoes', 'where's teddy?'
- understands simple action words e.g. drink, sleep
- can find a familiar, named object when given a choice.

#### **Creating an enabling environment:**

- ☑ Make sure children can find resources they want e.g. place resources at eye level.
- ☑ Use photos, pictures and words to label boxes and baskets.
- ☑ Support the understanding of stories with puppets and props.
- ☑ Support the understanding of daily routines with visuals e.g. 'now and next' pictures.

#### STRATEGIES to develop understanding of spoken language:

- Get the child's attention before talking with them.
- Follow the child's lead and talk about what they are doing.
- Give the child plenty of time to respond.
- Use your voice, gestures or a sign to emphasize key words.



# PLAY WITH ME...have a look at some suggested activities on page 57 Listen and do Let's go shopping Join in with action songs

#### **Using Spoken Language**

18 months – 2 years



Using spoken language (expressive language) is the ability to recall words and information and use language, body language and gestures appropriately in given situations e.g. to label/name objects, describe actions and events, ask and answer questions and retell a story.

A good vocabulary is essential for children so that they can make the best of learning opportunities and express their thoughts, needs and wants.

#### Between 18 months - 2 years you may notice the child...

- > still understands a lot more words than they use
- learns and uses new words rapidly around 50 words
- > starts to put 2-3 words together e.g. 'more milk'
- frequently asks questions e.g. 'who's that'?'
- Sounds like they are talking in sentences by using babble in between real words.

#### **Creating an enabling environment:**

- ✓ Notice the child's interests.
- ☑ Add new resources to encourage learning new vocabulary.

#### STRATEGIES to develop using spoken language:

- Follow the child's lead and talk about what they are doing.
- Give choices e.g. do you want milk or water? (when showing the child these).
- Use the names of objects rather than asking 'what is this?'
- Add an extra word to what the child says e.g. child: 'car' adult: 'daddy's car'.



#### PLAY WITH ME... have a look at some suggested activities on page 60

**Puppet play** 

What's in the bag?

Play with cars







#### Speech

18 months – 2 years



Speech (phonology) refers to being able to say speech sounds to make yourself understood. When we are listening to a child talk, we can think about how clear their words are. *Speech* is not the same as *talking*.

Use the **English Speech Sound Development Poster** on page 62 and <u>Speech acquisition - Multilingual Children's Speech (csu.edu.au)</u> to support your observations.

#### Between 18 months - 2 years you may notice the child...

- uses speech sounds p, b, m, w, t, d, n
- sounds like they are talking in sentences by using babble in between real words.

#### **Creating an enabling environment:**

- ☑ Reduce distractions and background noise.
- ☑ Sing lots of rhymes.

#### STRATEGIES to use to develop clear speech:

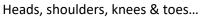
- Get face to face with the child.
- Respond to the word the child says, not how clear they are.
- Try not to tell the child that they said something wrong.
- Try not to ask the child to repeat unclear words.
- Don't pretend to understand encourage the child to use actions to show you what they mean.

Repeat back any words the child says, sounds.

#### **SUGGESTED ACTIVITIES to support the development of speech:**

#### Say and sing songs and rhymes every day!







Incy, wincy spider...



Old MacDonald had a farm...

Activities in all other areas of communication will support the development of speech at this age.

#### Strategy Posters and Suggested Activities: 18 months – 2 years

In this section, you will find some strategy posters and suggested activities to guide you when planning to develop the child's speech, language and communication, having used the information on the overview pages.

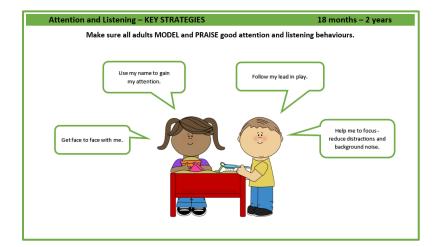
The suggested activities are given as examples; please use your own experiences and ideas to enhance them. The grids are *not* intended to be a prescriptive programme; however, the ideas can be used to support personalised targets, as appropriate. You can also use the 'Early Talkers' boxset for more ideas (available from speechandlanguage.org.uk.)



#### Strategies to develop attention and listening:

- Get face to face with the child.
- Follow the child's lead.
- Reduce distractions and background noise.
- Model good attention and listening.
- Praise good attention and listening behaviours.





Each strategy is shown on a poster.

You may want to share these posters with parents.

#### **IMPORTANT:**

Use the suggested strategies with the activities, and in your interactions throughout the day.

You may want to use the suggested activities to support skills in this area.

Activity	Attention and Listening - Suggested Activities (18 months – 2 years)	Too difficult?	Too easy?
Sharing books	Developing attention through sharing books.  What to do: Choose a picture book or lift-the-flap book that the child likes e.g. Where's Spot?, Dear Zoo, Where's Peppa? Share the book and as you turn the pages talk about what you can see, e.g. I can see Spot playing with his ball etc. Use facial expressions and make your voice sound interesting to engage the child in the story. Place the book within the child's reach so that they can enjoy it over and over again.	Make sure you find a quiet time and reduce distractions to help the child to focus.	Introduce some new books for the child to explore with you.
Songs and Rhymes	Joining in with action songs and rhymes  What to do: Sing familiar action songs and rhymes throughout the day. Encourage the child to join in with actions and/or words. Try pausing at the end of a line to see if the child joins in with the action and/or the word e.g. 'Twinkle, twinkle little'. Use props to support the song or rhyme - add these to a basket or box so the child can see them and choose a favourite rhyme to sing again.	Make sure you find a quiet time and reduce distractions to help the child to focus. Reduce the choice of props available.	Develop the variety of rhymes and songs you use.
Hide and seek a sound	<b>Ustening for a sound</b> What to do: Show the child a selection of noisy toys or sound-makers. Choose one with the child and listen to the sound it makes. Hide it in an obvious place in the room or outdoors and encourage the child to find the toy by listening to its noise. Say things like 'Listen can you hear the noise? Where is it?'	Make sure you find a quiet time and reduce distractions to help the child to focus. Reduce the selection of toys or objects.	Introduce quieter sounds.

time (the task or the unrelated instruction).

Can shift focus of attention independently.

#### Attention follows a developmental sequence:

#### 0 - 11 months 22 - 36 months 8 - 20 months Single channelled attention Fleeting Attention **Rigid Attention** Easily distracted and attention Can concentrate on one task of own Will attend to an adult direction. flits from one thing to another. choice, cannot tolerate interruption Cannot cope doing one thing and listening from an adult. to an instruction about something else. 30 - 50 months 40 - 60 months 60+ months **Focusing attention** Two channelled attention Integrated attention Beginning to control own focus. Can do a task and understand an Attention is controlled, sustained and well established across different instruction at the same time. Can only concentrate on one thing at a situations, with different people.

- ❖ Some children may be functioning at a level below their chronological age
- \* Children cannot develop their speech, language and communication skills if they are unable to attend or listen

Concentration span may be short but can now be taught in a group.

#### **Attention and Listening – KEY STRATEGIES**

#### 18 months – 2 years

Make sure all adults MODEL and PRAISE good attention and listening behaviours.



	(18 months – 2 years)		
Sharing books	<b>Developing attention through sharing books.</b> What to do: Choose a lift-the-flap or picture book that the child likes e.g. Where's Spot?, Dear Zoo, Where's Peppa? Share the book and as you turn the pages talk about what you can see, e.g. 'I can see Spot playing with his ball.' Use facial expressions and make your voice sound interesting to engage the child in the story. Place the book within the child's reach so that they can enjoy it over and over again.	Find a quiet time and reduce distractions to help the child to focus.	Introduce some new books for the child to explore with you.
Songs and Rhymes	<b>What to do:</b> Sing familiar action songs and rhymes throughout the day. Encourage the child to join in with actions and/or words. Try pausing at the end of a line to see if the child joins in e.g. 'Twinkle, twinkle little' Use props to support the song or rhyme - add these to a basket or box so the child can see them and choose a favourite rhyme to sing again.	Find a quiet time and reduce distractions to help the child to focus.  Reduce the choice of props available.	Develop the variety of rhymes and songs you use.
Hide and seek a sound	<b>What to do:</b> Show the child a selection of noisy toys or sound-makers. Encourage the child to choose one and listen to the sound it makes. Hide it in an obvious place and encourage the child to find the toy by listening to its noise. Say things like 'Listen can you hear the noise? Where is it?'	Find a quiet time and reduce distractions to help the child to focus.  Reduce the selection of toys or objects.	Introduce quieter sounds.

making suggestions, directing others.

#### Play skills follow a developmental sequence:

Exploratory play (birth to around 5 months): Shakes, mouths, bangs and turns over toys and other objects to try to work out what they are. At around 9 months will look for an object that has been hidden away (understands object permanence).

Recognising objects (around 12 months): Shows an understanding of the appropriate use of an object without pretending e.g. uses a brush on their hair.

Object play (between 8-20 months): Pretends to use an object on themselves e.g. using a toy cup to pretend to drink.

Character play (between 16-26 months): Involves character toys in their play e.g. gives toy dinosaur a drink.

Acts out routines (around 22 - 36 months): Acts out simple routines through play e.g. baths and dresses dolly ready for bed. Small world play becomes more complex as the child acts out scenarios and stories. Uses objects imaginatively e.g. a box could be a car or a bed.

Role-play (around 3 to 4 years): Simple dressing up to begin with, gradually taking on more imaginative role of the whole character.

Complex and co-operative imaginative play (4 years+): Acts out sequences observed in their environment, books and TV e.g. household routines.

#### Interaction skills build from play and include the ability to play cooperatively with peers and take turns:

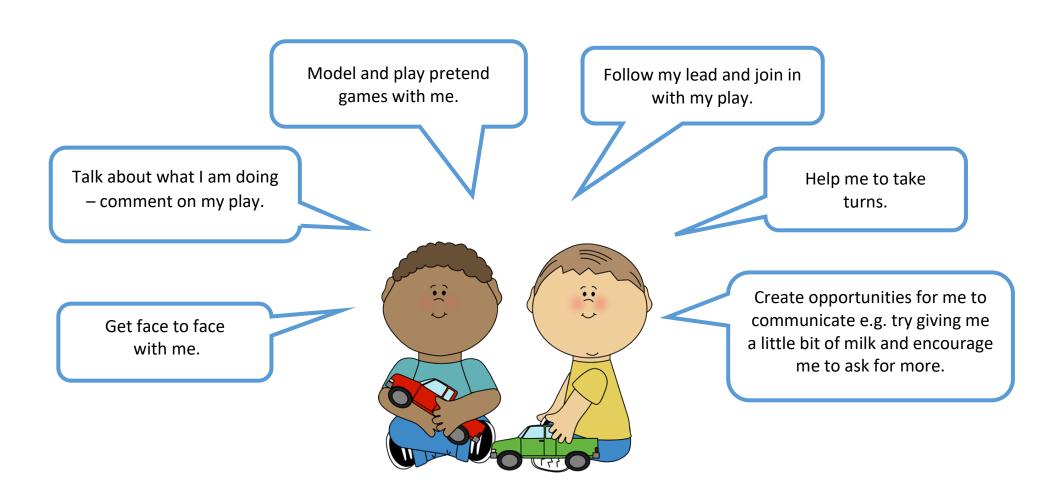
#### 9 – 18 months 0 - 9 months 18 months - 3 years Interactions initiated by child both verbally and Interactions begin and end with baby's eye Interactions may be initiated using a name e.g. contact, e.g. games such as peekaboo. non-verbally e.g. pointing, giving and showing. 'Mummy'. Child begins to respond to questions Interaction may end by child moving away. verbally. Repeats or changes their utterance if Interactions limited to 1 or 2 turns per partner. not understood. Interaction may be restricted to comfortable, familiar situations. 3 - 4 years 4 - 7 years 7 vears+ Has a variety of strategies to initiate conversation More able to initiate and end conversations Becomes more aware of the listener and e.g. 'Guess what?' Number of turns in his/her background knowledge. Conveys and take turns. Learns to choose most appropriate subtleties with intonation and stress. Uses conversation increases. More able to timing to join in other people's conversation. communicate with strangers. Can participate Child still assumes the listener shares his/her language to persuade, convey disapproval and background knowledge. Learns to adapt styles in pretend conversations. Uses language for for politeness. Develops social appropriateness. a wide variety of functions e.g. asking questions, of conversation for a variety of listeners

e.g. family, friends, and teachers.

#### **Play and Interaction – KEY STRATEGIES**

#### 18 months – 2 years

Adults may need to model the 'play' opportunities and encourage interaction.



Activity	Play and Interaction - Suggested Activities	Too difficult?	Too easy?
	(18 months – 2 years)		
Turn taking games	Taking turns in simple games e.g. rolling a ball. Developing the skills needed for later turn taking in conversation.  How to play: Take turns to roll objects such as a ball or a car along the floor to each other. Comment on what you are doing e.g. 'I am rolling the ball to Daniel.' 'Your turn.' 'My turn.'	Take one turn each and build up slowly.	Bring another child into the game.
Teddy Bear's Picnic	Modelling pretend play with the child.  How to play: Set up a picnic with the children's favourite teddies and/or dolls.  Model feeding and giving teddy/dolly a drink and talk about what you are doing e.g. 'Teddy is eating.' 'Mmmmm, tasty!' 'Hot tea.' Encourage the child to also feed teddy and dolly.	Model feeding teddy or dolly in context e.g. bring teddy to the snack-time table and pretend to feed him as the child is eating.	Model the next sequence of pretend play e.g. after the child has fed teddy, model wiping teddy's face or giving him a drink.
Tidy up together	Encouraging the child to help tidy up and sort things into boxes and baskets.  What to do: Set up baskets and boxes for toys and resources and label them clearly with photos of the objects to go inside. These can be used every day to encourage children to collect up and sort toys and objects to put them in the right box or basket.	Start with two widely different categories e.g. food and animals. Show how to sort one type of toy at a time. Talk about what you are doing e.g. 'All the animals go in this box.'	Have three different types of toys for children to sort e.g. animals. food and transport.

#### Understanding Spoken Language (receptive language) follows a recognised progression:

Birth	6 months	12 months
Responds to sound (spoken or non-spoken). Responds to intonation and emotion in voices.	Understands whole phrases when used in familiar routines.	Understands key words in familiar situations (often called situational understanding).
18 months	2 years	2 ½ years
Understands names of absent objects whenever used in familiar sentences at any time.	Can relate two named objects.  Can identify objects from a  description of their use.	Understands simple actions and properties not related to themselves.  Understands simple prepositions, e.g. in, on, under and basic size concepts, e.g. big, little, when used in simple sentences.  Begins to understand 'time' as a reference to the immediate past and future.
3 years	4 years	5 years +
Relates up to three key words in a sentence when there are no other clues to help.  Begins to understand tense, e.g. We went to the shop; We will go to the shop.  Understands simple concepts of shape and colour when used in simple sentences.	Follows a simple story sequence. Understands most straightforward sentences. Continues to benefit from situational clues.	Gradually understands more complex sentences out of context.  Receptive vocabulary continues to develop.

#### **Understanding Spoken Language – KEY STRATEGIES**

#### 18 months – 2 years

Use your voice, gestures or a sign to emphasize key words.

Talk about what I am doing. Use short, simple Follow my lead and talk sentences. about what I am doing. Give me plenty of time Get my attention before you talk with me. to respond.

Activity	Understanding Spoken Language - Suggested Activities (18 months – 2 years)	Too difficult?	Too easy?
Listen and do	What to do: Play alongside the child and encourage them to follow simple instructions e.g. 'Give me the cup.' 'Show me dolly.'  There will be many opportunities throughout the day to use simple questions and instructions and you can develop this idea into simple games e.g. fishing games, posting games	Show and demonstrate once you have given an instruction. Reduce the number of objects/toys.	Bring in the use of simple verbs e.g. 'Make teddy <u>sleep'</u> ; and concepts 'Give me the <u>big</u> plate.'
Action songs	Understanding simple action words (verbs).  What to do: Play a game with a simple action song e.g. Here we go 'round the mulberry bush. Encourage the children to join in with the actions e.g. 'This is the way we clap our hands etc.'  You can also use this in everyday routines e.g. 'This is the way we wash our hands/brush our teeth.'	Show the children the actions in the song using teddy or dolly.	Vary the words of the song to add more actions.
Let's go shopping	Finding a familiar, named object when given a choice.  What to do: Set up a simple shop on the table or on the floor. Show the children the objects and name them as you set them out. Ask the child to get certain items to put in a shopping bag or basket e.g. 'Find the apple.'  Praise the child when they find the correct object.	Start by asking for one item. Limit the amount of choice available.	Increase the number of items you ask for.

#### Using Spoken Language (expressive language) follows a recognised progression:

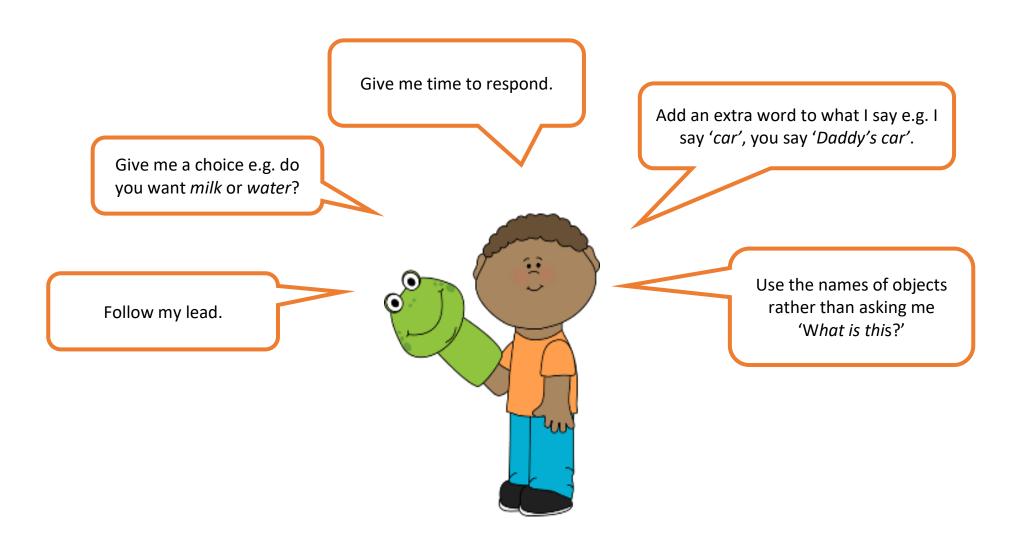
#### 9 months 18 months 2 years Babble, early attempts at words e.g. 'Dada'. Uses approximately 50 - 100 words with Uses approx. 200 – 300 words. more recognisable words. Puts 2 and 3 words together in short sentences Sometimes uses 2-word learnt phrases e.g. 'Me go home'. e.g. 'all gone' 2 ½ years 3 years 3 ½ years Puts 3- and 4-word sentences together Links more than 4 words together. Links ideas together using 'cos' (because) using different sorts of words. e.g. 'I put wellies on 'cos it's raining.' Starts to use 'and' to link ideas. Starts to use 'question words' e.g. 'Me go Asks more complicated questions Starts to use pronouns 'I', 'he', 'she' and there?' using 'why' and 'how'. plurals e.g. 'I want juice and sweets.' 4 ½ years 4 years Children have a vocabulary Uses language for a variety of reasons e.g. to retell favourite stories, play make-believe of about 5000+ words. games and retell events. Uses talk to problem-solve and form friendships.

Asks many questions to find out information.

#### **Using Spoken Language – KEY STRATEGIES**

#### 18 months – 2 years

#### Follow the child's lead and talk about what they are doing.



Activity	Using Spoken Language Suggested Activities (18 months – 2 years)	Too difficult?	Too easy?
What's in the bag?	Increasing vocabulary by naming items.  What to do: Place a collection of familiar objects in a bag. Take turns to pull out an object and encourage the child to name it e.g. 'What's in the bag? It's a' Repeat the word back e.g. 'Yes, it's a banana.'  If the child does not name the object, name it for them and use a sign/gesture.	Use very familiar items and name them for the child.	Add more items.
Puppet play	What to do: Have a selection of food to feed a puppet. Introduce the puppet and say 'Hello (puppet's name).' Ask the child what the puppet would like to eat and then demonstrate feeding the puppet using short phrases e.g. 'More banana.' 'Puppet eating cake.' 'Milk gone.'	Model feeding the puppet in snack time - pretend to feed him as the child is eating.	Encourage the child to use two-word and three-word phrases when telling you what to give the puppet to eat.
Playing with cars	Increasing vocabulary, including action words (verbs) by naming them.  What to do: Use a car mat (you could create your own). Drive the cars along the road and talk about what you are doing e.g. 'You're driving the car.' 'We're going to the garage.' 'The car is stopping.' 'Stop.'  Encourage the child to tell you what they are doing.	Comment on what is happening without asking the child to tell you.	Introduce different places on the car mat and talk about where you are going. Introduce describing words e.g. big, little and prepositions under, in.

#### **Typical Development of Speech**

#### 2 years 10 months - 3 years 10 months

50% of a child's speech is understood by unfamiliar adults

#### 3 years 10 months - 5 years 1 month

75% of a child's speech is understood by unfamiliar adults

#### 5 years 2 months - 7 years 3 months

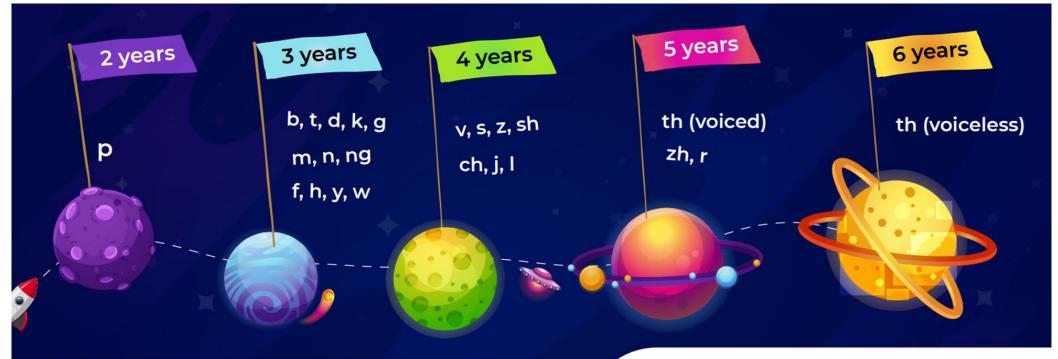
90% of a child's speech is understood by unfamiliar adults

Hustad, Mahr, Natke and Rathouz (2021)

- ❖ Speech sounds follow a developmental progression
- **❖** Speech sounds vary across languages.
- ❖ Children learning more than one language may develop speech sounds in a different order.
- ❖ For further information, please refer to <a href="Speech acquisition Multilingual Children's Speech (csu.edu.au)">Speech (csu.edu.au)</a>

#### **English Speech Sound Development**

(There is no information on the norms for speech sound development in Welsh)



#### Average age of acquisition of English consonants across the world (90-100% criteria)

The review was based on 15 studies of 7,369 children speaking English in Australia, Republic of Ireland, Malaysia, South Africa, United Kingdom, and United States (McLeod & Crowe, 2018).

This information should be used alongside other information about children's speech acquisition; for example, typically developing 4- to 5-year-old children are usually intelligible, even to strangers (McLeod, Crowe, & Shahaeian, 2015).

McLeod, S., & Crowe, K. (2018). Children's consonant acquisition in 27 languages: A cross-linguistic review. American Journal of Speech-Language Pathology, 27, 1546-1571. doi:10.1044/2018\_AJSLP-17-0100

McLeod, S., Crowe, K., & Shahaeian, A. (2015). Intelligibility in Context Scale: Normative and validation data for English-speaking preschoolers. Language, Speech, and Hearing Services in Schools, 46(3), 266-276. doi:10.1044/2015\_LSHSS-14-0120 Learning English Consonants (Across the World)



#### **Speech - KEY STRATEGIES**

#### 18 months – 2 years

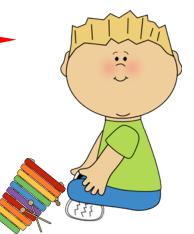
#### Try not to tell me that I said something wrong.

Repeat my word back to me (with the correct sounds) if you know what I've said.

Respond to the words I am saying, not how clear I am.

Try not to ask me to repeat unclear words.

Get face to face with me so I can see how you make sounds. Don't expect me to copy you.



Don't pretend to understandask me to use actions toshow you what I mean.













