



# Day Opportunities Consultation

## Consultation Findings Questionnaire Analysis

# Day Opportunities Consultation - Your Day, Your Say – Final report

## Questionnaire Responses

The activity ran from 11/10/2021 to 16/01/2022. The questionnaire was available in hard copy, online and at all consultation events and drop-ins.

Those participating in the consultation had a choice of completing the questionnaire online, at the end of a consultation event, or support from a member of day Centre staff, a carer / family member.

Questionnaires could be returned by freepost envelope, electronically or dropped off at a Day Centre.

277 questionnaires were completed.

***It should be noted that the number of respondents quoted subsequently may not be equal to the number of people completing the questionnaire due to multiple responses to questions being entered to questions by some respondents.***

The questionnaire contained 3 separate sections:

Section A – is for people who use day services, their families, carers and anyone who is interested.

This is to tell us about the activities they did during the pandemic and what activities they would like to do in the future.

Section B – is for family carers of people who use day services to share their ideas as carers.

Section C – this was an optional section which asked questions relating to Equalities Information

A Privacy Notice was attached to the questionnaire, this notice explained the following:

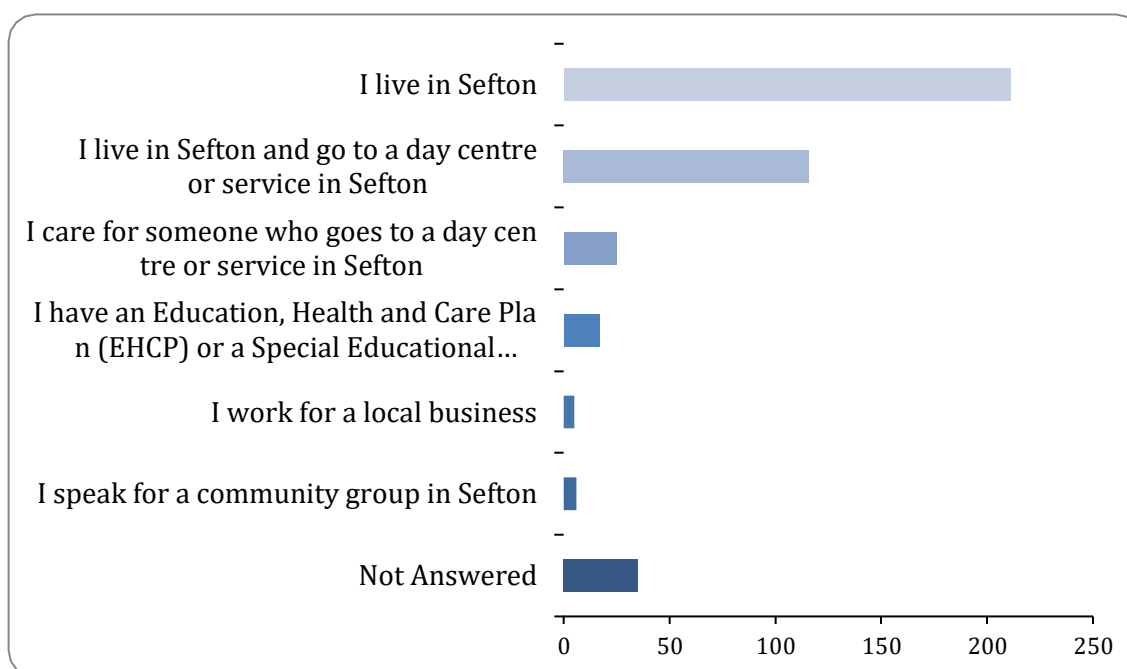
- what personal information we collect in the questionnaire
- why we collect it
- What we will do with the information

## SECTION A

### 1: I am filling this form in as: (please tick all the boxes that apply)

There were 242 responses to this question. A high number of those who responded categorised themselves as “I live in Sefton” followed by “I live in Sefton and go to a day centre or service in Sefton”. There were 25 respondents who categorised themselves as “I care for someone who goes to a day centre or service in Sefton” however the number of responses to Section B suggests there was a higher number.

As people were able to select more than one option the figures in the table below do not tally with the total number of individual respondents who returned a questionnaire.



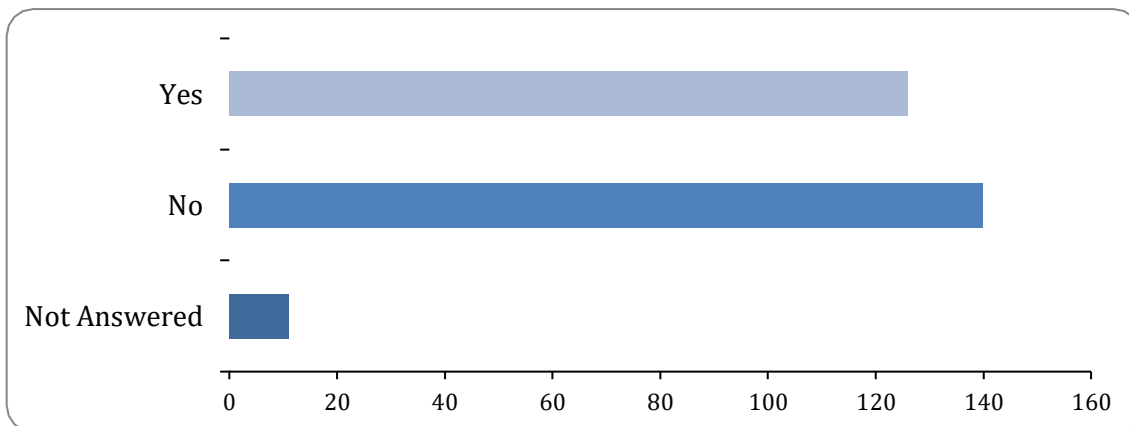
Option	Total	Percent
<b>I live in Sefton</b>	211	76.17%
<b>I live in Sefton and go to a day centre or service in Sefton</b>	116	41.88%
<b>I care for someone who goes to a day centre or service in Sefton</b>	25	9.03%
<b>I have an Education, Health and Care Plan (EHCP) or a Special Educational Needs Support Plan (SEN)</b>	17	6.14%
<b>I work for a local business</b>	5	1.81%
<b>I work for Sefton Council</b>	0	0.00%
<b>I speak for a community group in Sefton</b>	6	2.17%
<b>I speak for a Government Organisation</b>	0	0.00%
<b>Not Answered</b>	35	12.64%

## Responding on behalf of someone else interested comments –

There were 6 respondents who answered on behalf of someone else. The respondents mentioned that they were completing the survey on behalf of someone else who used a day service. This includes parents and carers, partners or relatives of service users and voluntary workers.

## 2: Are you completing this questionnaire on behalf of someone else?

There were 266 responses.



Option	Total	Percent
Yes	126	45.49%
No	140	50.54%
Not Answered	11	3.97%

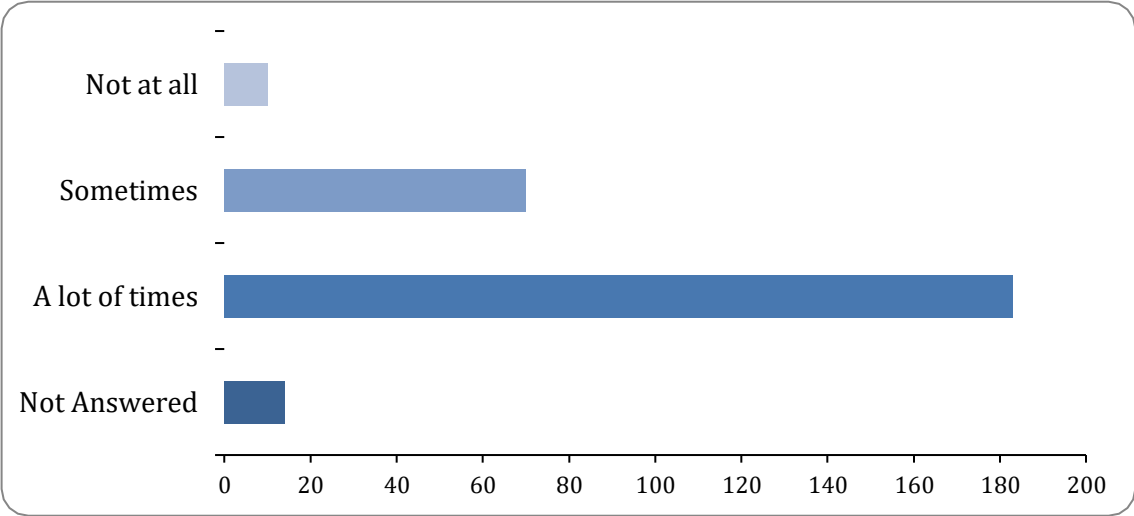
## Responding on behalf of someone comments –

There were 124 respondents who mentioned that they were completing the survey on behalf of someone else because either they needed assistance or were unable to complete it themselves. This includes parents and carers, partners or relatives of service users and support workers at Day Centres/services.

**3. During the pandemic (since March 2020), how often did you do each of the following?**

**Activities during the pandemic - Stayed at home and watched TV**

There were 263 responses.

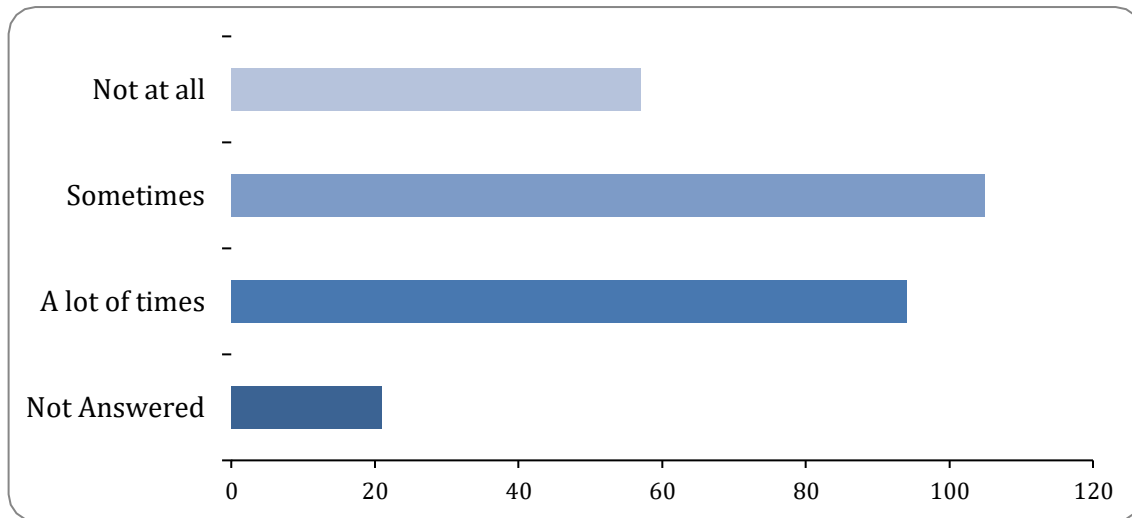


Option	Total	Percent
Not at all	10	3.61%
Sometimes	70	25.27%
A lot of times	183	66.06%
Not Answered	14	5.05%

When asked during the pandemic how often did you do each of the following? A high percentage of those who completed the questionnaire responded that they stayed at home and watched TV a lot of times (66.06%).

## Activities during the pandemic - Stayed at home doing my hobbies (e.g. reading, painting, gaming)

There were 256 responses.



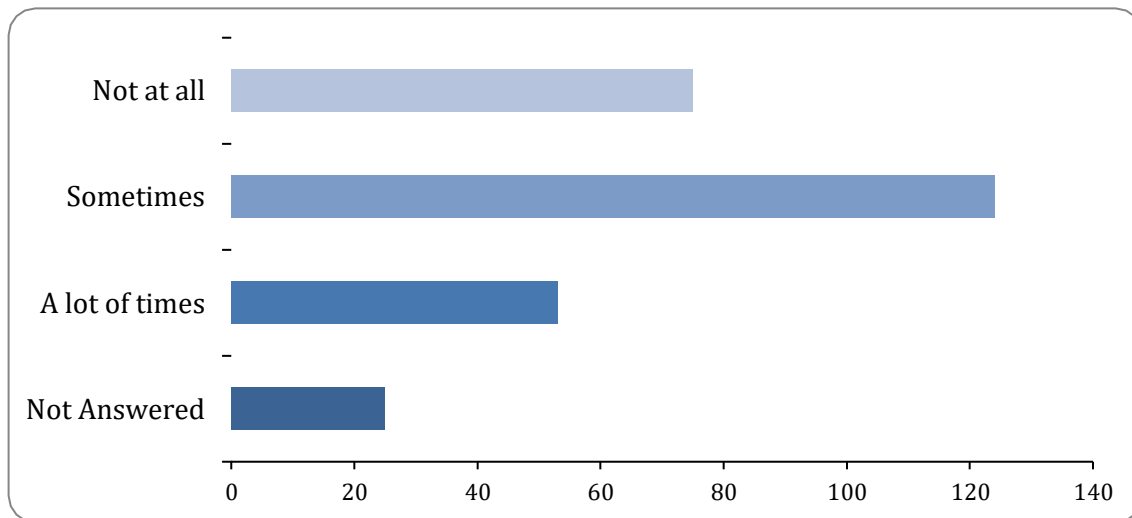
Option	Total	Percent
Not at all	57	20.58%
Sometimes	105	37.91%
A lot of times	94	33.94%
Not Answered	21	7.58%

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire responded when asked if they stayed at home doing my hobbies (e.g. reading, painting, gaming) A lot of times (33.94%) whilst a higher percentage of those who completed the questionnaire Sometimes (37.91%).

## Activities during the pandemic - Stayed at home spending time in the garden

There were 252 responses.



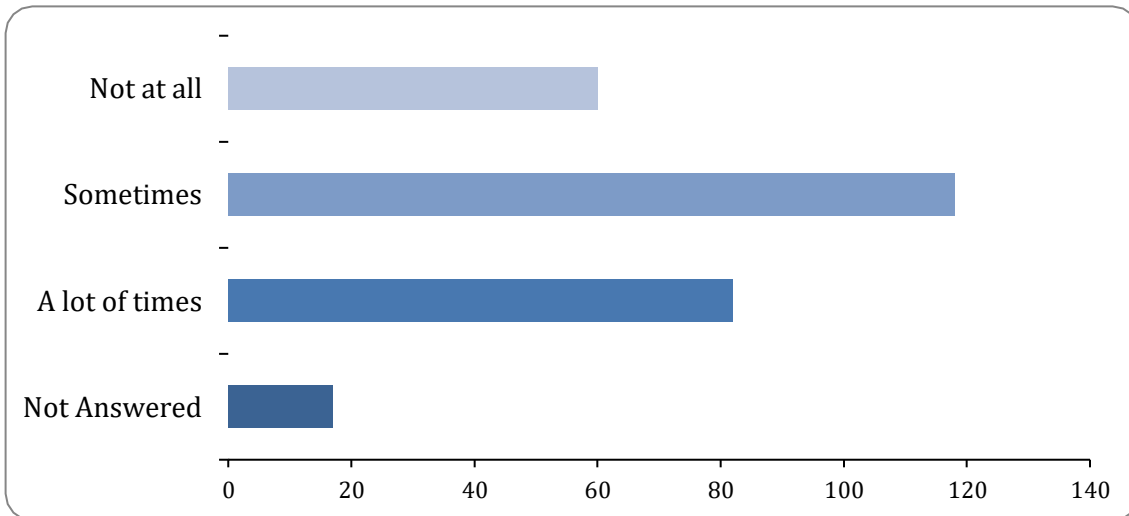
Option	Total	Percent
Not at all	75	27.08%
Sometimes	124	44.77%
A lot of times	53	19.13%
Not Answered	25	9.03%

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they stayed at home spending time in the garden responded Sometimes (44.77%)

## Activities during the pandemic - Went outdoors for walks and exercise

There were 260 responses.



Option	Total	Percent
Not at all	60	21.66%
Sometimes	118	42.60%
A lot of times	82	29.60%
Not Answered	17	6.14%

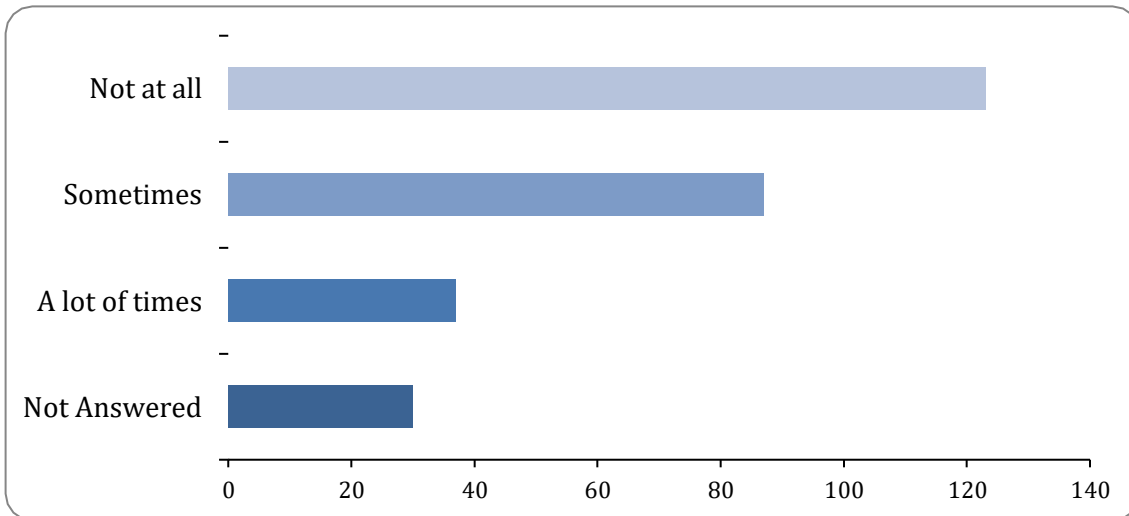
When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they went outdoors for walks and exercise responded Sometimes (42.60%)



## Activities during the pandemic - Did exercise in my home

There were 247 responses.



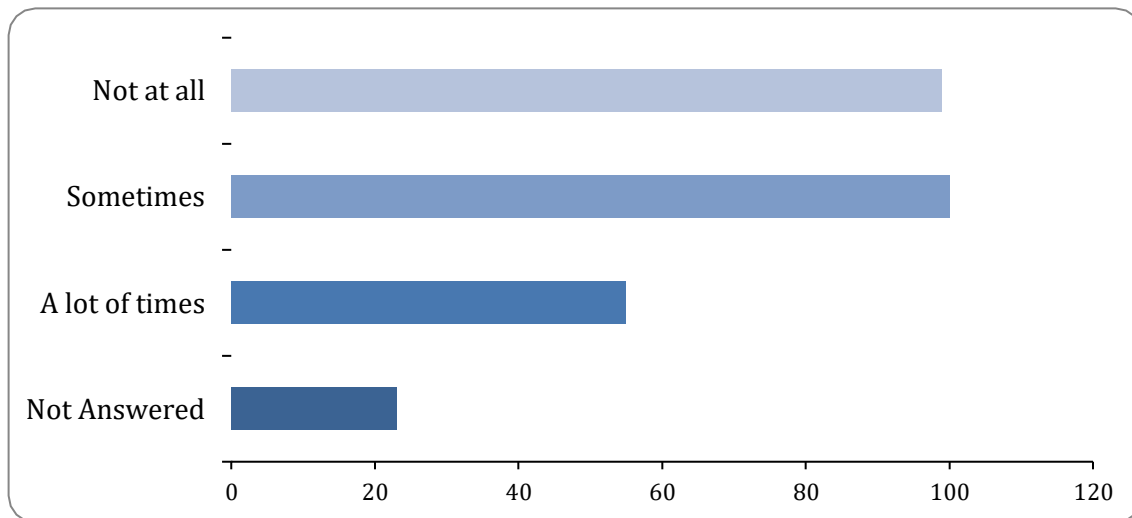
Option	Total	Percent
Not at all	123	44.40%
Sometimes	87	31.41%
A lot of times	37	13.36%
Not Answered	30	10.83%

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they Did exercise in my home responded Not at all (44.40%) followed by sometimes (31.41%)

## Activities during the pandemic - Met up with people in my 'bubble' indoors

There were 254 responses.



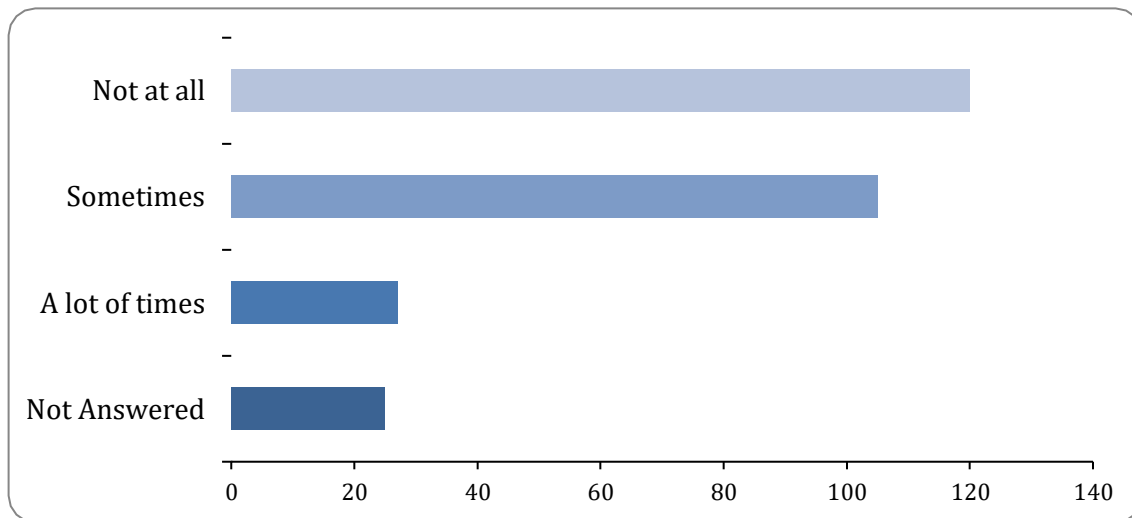
Option	Total	Perce
Not at all	99	35.74
Sometimes	100	36.10
A lot of times	55	19.86
Not Answered	23	8.30

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they Met up with people in my 'bubble' indoors responded Sometimes (36.10%) this was not dissimilar to the percentage who Met up with people in my 'bubble' indoors Not at all (35.74%)

## Activities during the pandemic - Met up with people in my 'bubble' outdoors

There were 252 responses.



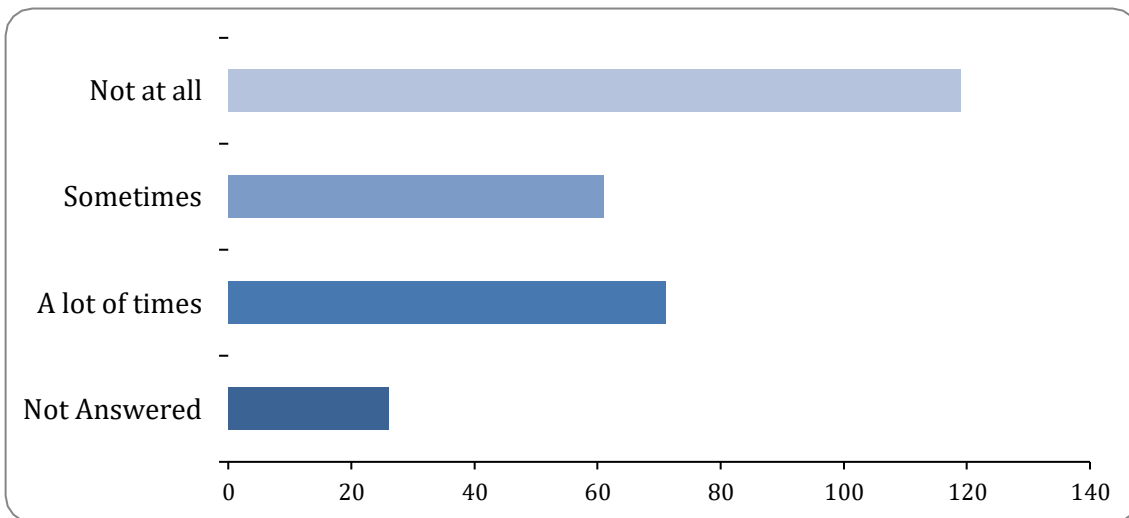
Option	Total	Perce
Not at all	120	43.32
Sometimes	105	37.91
A lot of times	27	9.75
Not Answered	25	9.03

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they met up with people in my 'bubble' outdoors responded not at all (43.32%) followed by sometimes (37.91%).

## Activities during the pandemic - Went to my day service / day centre

There were 251 responses.



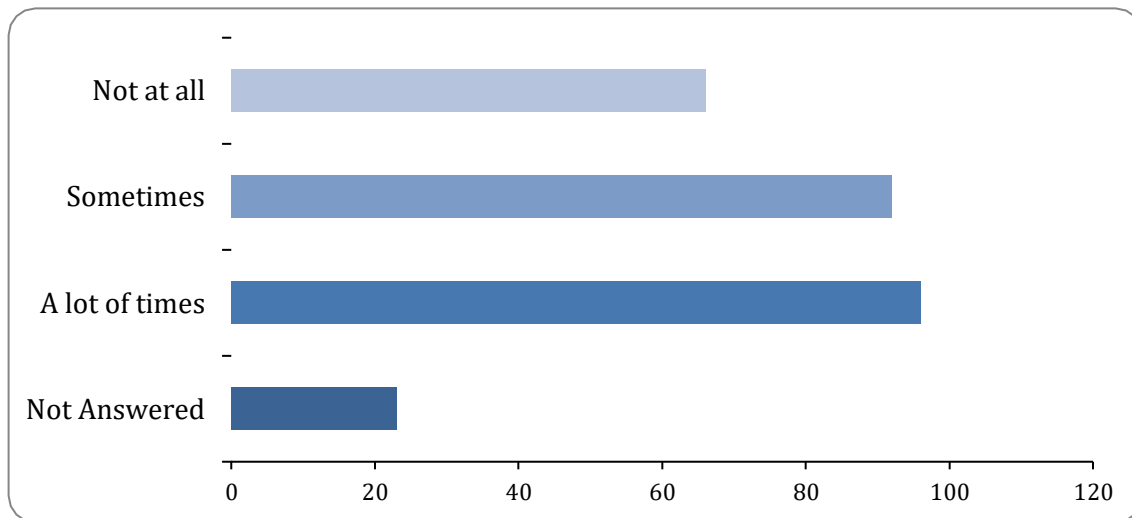
Option	Total	Perce
Not at all	119	42.96
Sometimes	61	22.02
A lot of times	71	25.63
Not Answered	26	9.39

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire Went to my day service / day centre Not at all (42.96%)

## Activities during the pandemic - Kept in contact through the telephone

There were 254 responses.



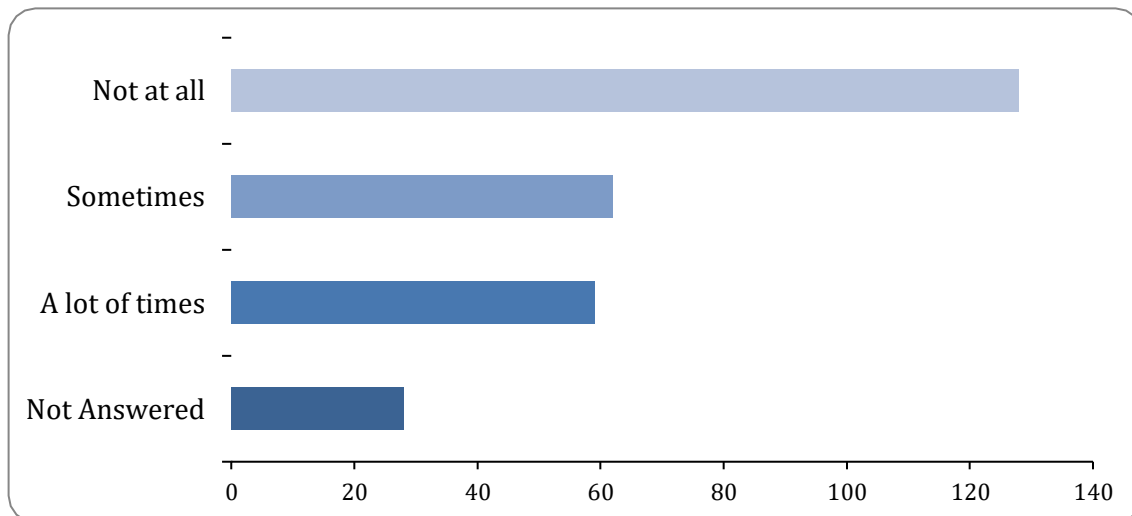
Option	Total	Percent
Not at all	66	23.83%
Sometimes	92	33.21%
A lot of times	96	34.66%
Not Answered	23	8.30%

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they kept in contact through the telephone responded a lot of times (34.66%) closely followed by sometimes (33.21%).

## Activities during the pandemic - Kept in contact through the internet (e.g. ZOOM)

There were 249 responses.



Option	Total	Percent
Not at all	128	46.21%
Sometimes	62	22.38%
A lot of times	59	21.30%
Not Answered	28	10.11%

When asked during the pandemic how often did you do each of the following?

A high percentage of those who completed the questionnaire when asked if they kept in contact through the internet (e.g. ZOOM) responded Not at all (46.21%) followed by Sometimes (22.38%).

### Activity during the pandemic

There were 138 comments received. Some people said they didn't do any activities in the pandemic. The summary of the activities mentioned is centered around the following themes:

#### Activities at home

- Shielding
- Enjoyed being with family and friends
- Indoor type activities such as reading, jigsaws, arts, and crafts, colouring, Lego and word searches
- Watching TV, DVD's, and Netflix
- Gardening
- Cooking and baking
- Cleaning and housework

### Activities outside the home

- Exercise and sports including football, swimming, bike rides, hockey, going to the gym, snooker, and basketball
- Walks with family and carers
- Drives and trips out with family and Day Centers

### Using technology

- Used ZOOM to keep in touch with family and friends, do activities such as quizzes, baking and talent contests
- For online shopping
- Laptops for online gaming, video editing and social media use

### Day Centres

- Some people continued to access the day centre and others were closed
- Some people accessed the outreach support offered and some people said they were not offered support
- There was appreciated of the activities offered by the Day Centre, including trips out, drama, online quizzes and talent shows.

### Mental Health

- Some people struggled during the pandemic, some reported stress, anxiety and depression and others were lonely.


## **4: Were you able to learn any new skills?**

### **New skills**

There were 187 comments received. Over a third of those who commented (66) (35.29%) said that they didn't learn any new skills. The summary of the new skills mentioned is centered around the following themes:

### Using Technology

- Used ZOOM and video calls to keep in touch with friends and family, accessed websites to play the guitar
- For online shopping
- For filming, editing and photoshop
- For making telephone calls



### Being with family and friends

- Some respondents enjoyed being with their family and spending time with them
- Some respondents made new friends during the pandemic

### Activities

- Baking, cooking, gardening, and playing games
- Exercises including Thai Chi, Kickboxing, Yoga and Joe Wickes
- Some respondents went on walks

### Activities at the Day Centre

- Arts and craft activities such as woodwork, painting using watercolors and canvasses, drawing, and making puppets
- Dancing, singing drama and playing musical instruments

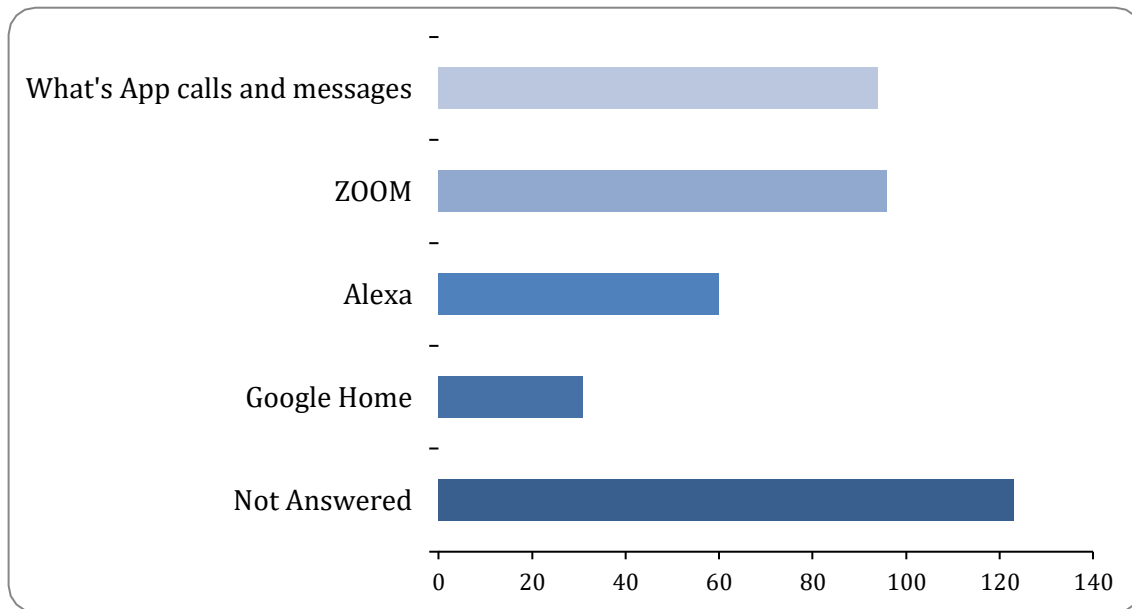
### Mental Health

- Some respondents reported that they were depressed, anxious and felt isolated



## 5: Have you used any technology during the pandemic?

There were 154 responses.



Option	Total	Perce
What's App calls and messages	94	33.94
ZOOM	96	34.66
Alexa	60	21.66
Google Home	31	11.19
Not Answered	123	44.40

A high percentage of those who completed the questionnaire did not answer (44.40%) followed by those who said that they used Zoom (34.66) closely followed by those who said that they used What's App calls and messages (33.94%) however there were 124 comments received. Just under a third of those who commented (44) people (35.48%) said that they didn't use any technology.

### More information on technology

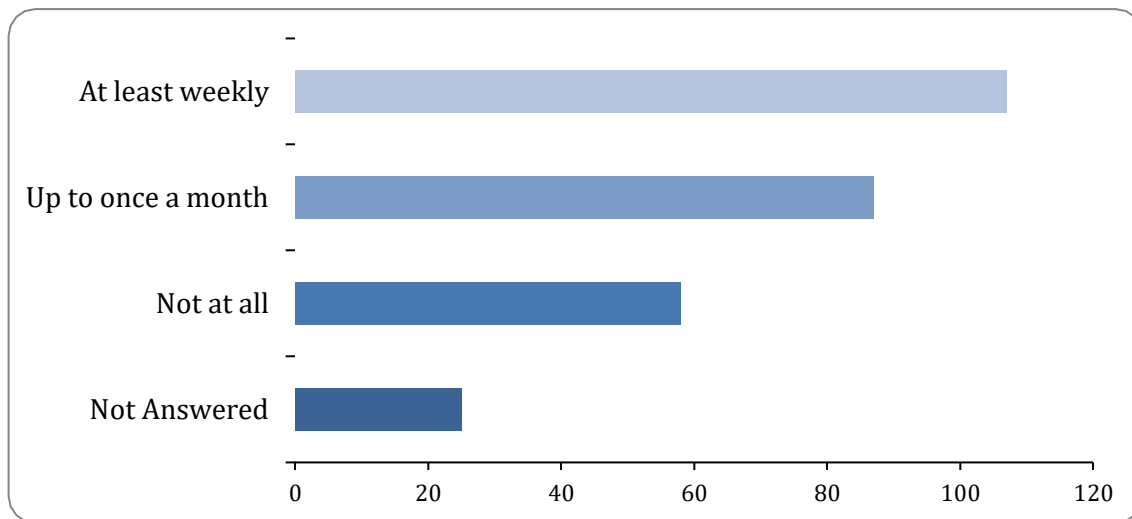
The summary of the information received about technology is centered around the following themes:

- iPads and computers and laptops were used by some respondents for different reasons, including, for communication and expressing needs, talking to friends, playing music, joining activity sessions, shopping, and making hospital appointments
- ZOOM, Facebook, and Facebook Messenger and What's App to communicate with people
- Video camera's for filming and editing
- Home devices such as CD/DVD players and Alexa and Google Home

## 6: Are there any activities that you would like to do in the future?

### Future activities - Meet friends for a cuppa or something to eat in a local cafe, restaurant, or pub

There were 252 responses.



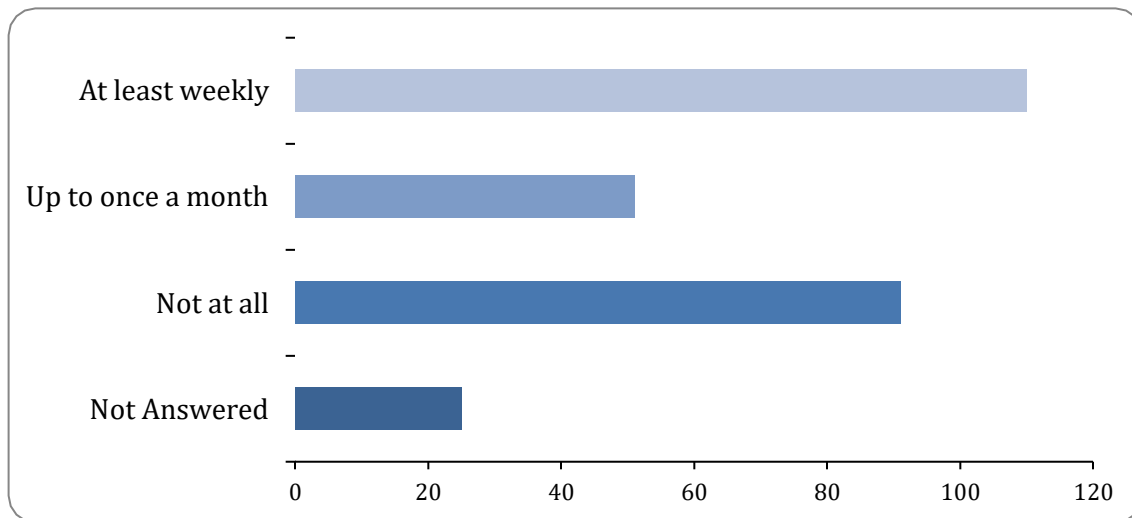
Option	Total	Percent
At least weekly	107	38.63%
Up to once a month	87	31.41%
Not at all	58	20.94%
Not Answered	25	9.03%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire would like to meet friends for a cuppa or something to eat in a local cafe, restaurant, or pub at least weekly (38.63%) followed by up to once a month (31.41%).

## Future activities - Meet up with other people to do indoor exercise

There were 252 responses.



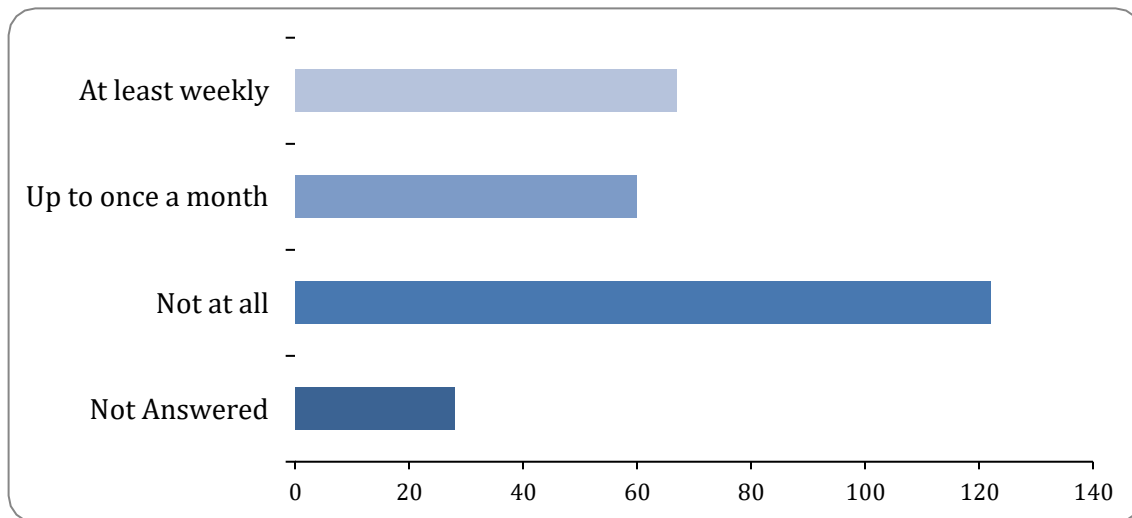
Option	Total	Percent
At least weekly	110	39.71%
Up to once a month	51	18.41%
Not at all	91	32.85%
Not Answered	25	9.03%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would like to meet up with other people to do indoor exercise responded at least weekly (39.71%) followed by not at all (32.85%)

## Future activities - Meet up with other people to do outdoor exercise

There were 249 responses.



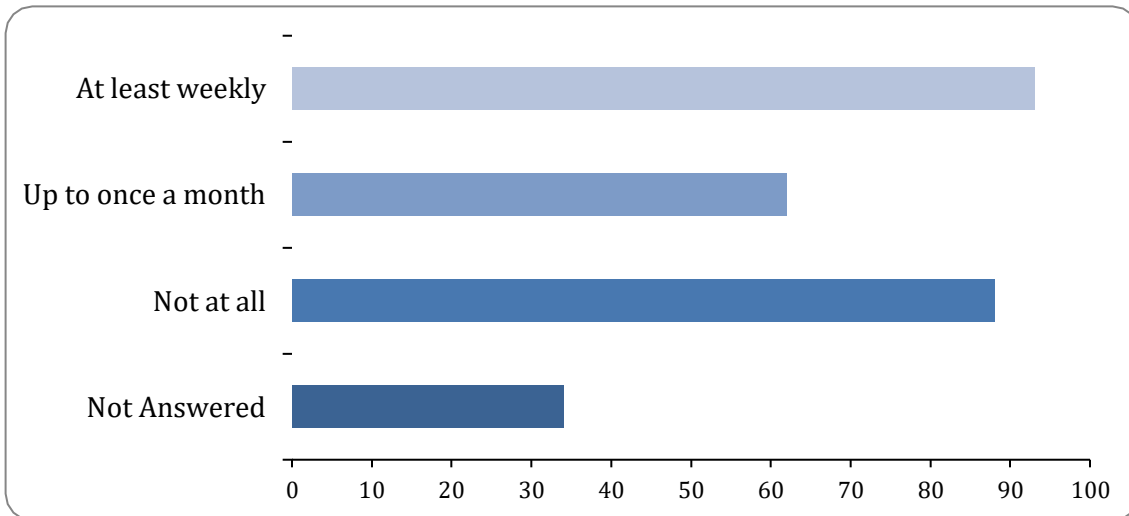
Option	Total	Percent
At least weekly	67	24.19%
Up to once a month	60	21.66%
Not at all	122	44.04%
Not Answered	28	10.11%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would like Meet up with other people to do outdoor exercise responded Not at all (44.04%).

## Future activities - Meet up with other people to do art and craft activities

There were 243 responses.



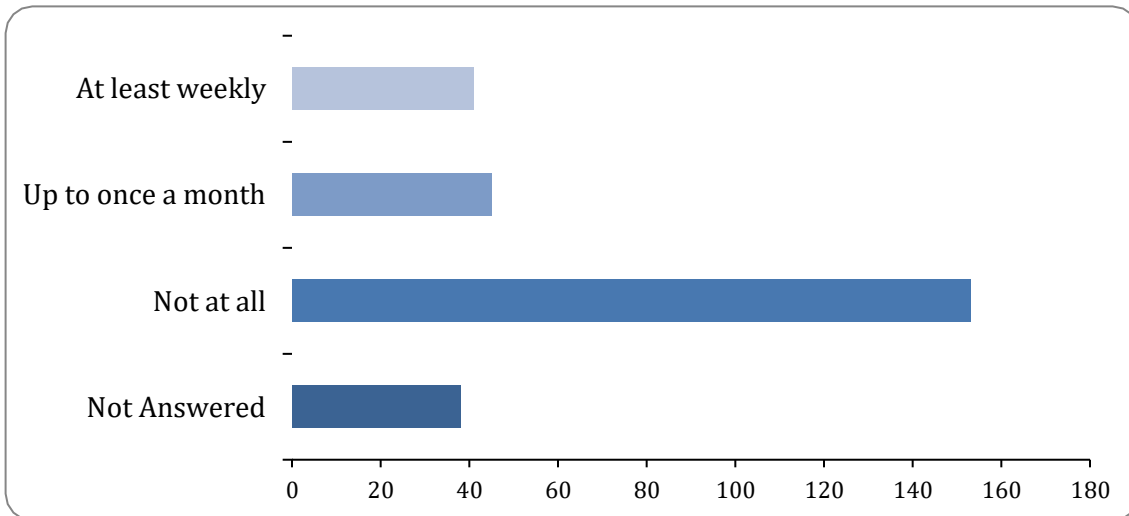
Option	Total	Percent
At least weekly	93	33.57%
Up to once a month	62	22.38%
Not at all	88	31.77%
Not Answered	34	12.27%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would like to meet up to do art and craft activities responded at least weekly (33.57%) followed by not at all (31.77%)

## Future activities - Doing volunteering

There were 239 responses.



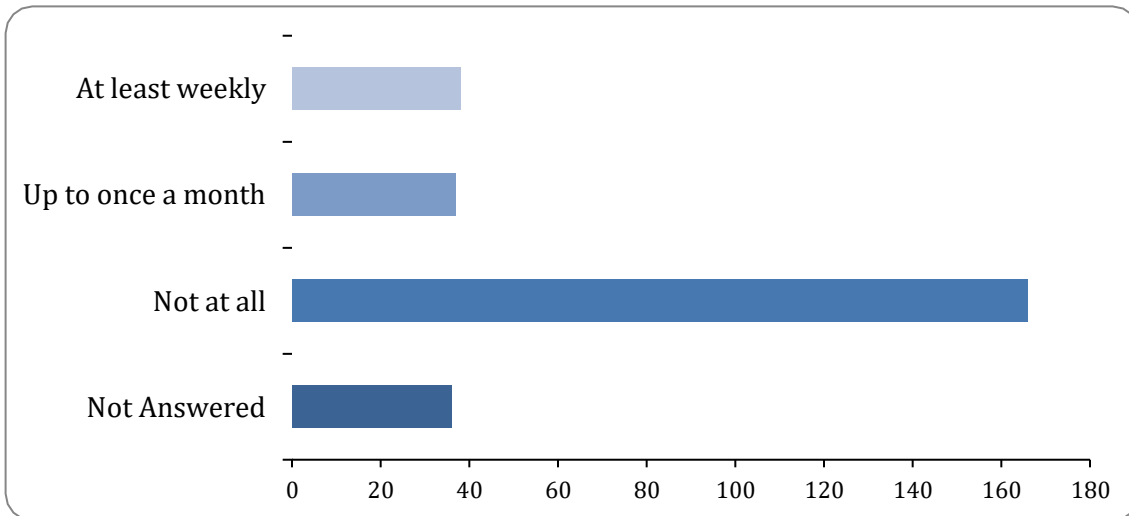
Option	Total	Percent
At least weekly	41	14.80%
Up to once a month	45	16.25%
Not at all	153	55.23%
Not Answered	38	13.72%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would like doing volunteering responded not at all (55.23%).

## Future activities - Doing work experience/getting a job

There were 241 responses.



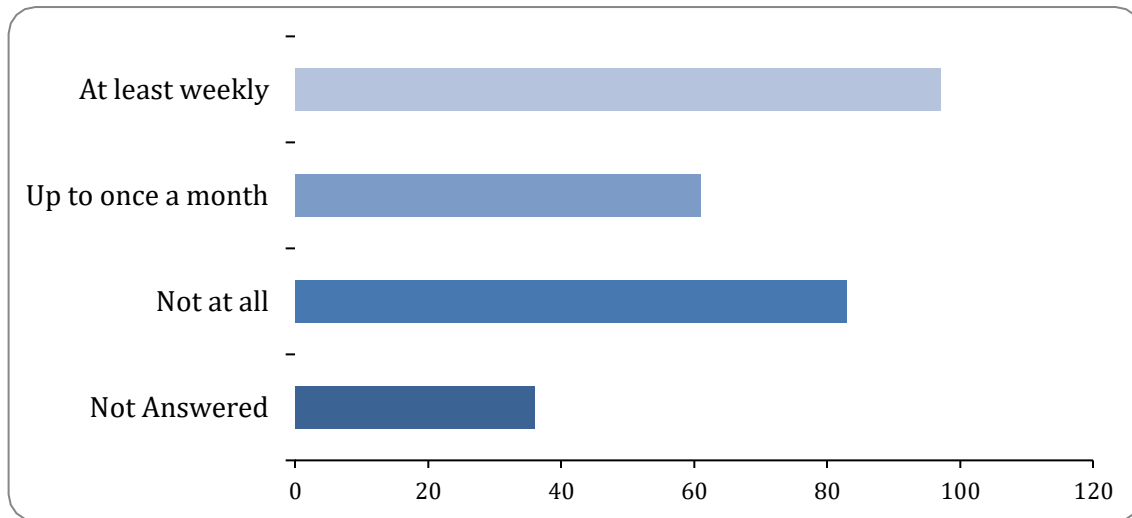
Option	Total	Percent
At least weekly	38	13.72%
Up to once a month	37	13.36%
Not at all	166	59.93%
Not Answered	36	13.00%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would like doing work/ experience/getting a job responded not at all (59.93%).

## Future activities - Would prefer to do activities alone at home or in the community (with support)

There were 241 responses.



Option	Total	Percent
At least weekly	97	35.02%
Up to once a month	61	22.02%
Not at all	83	29.96%
Not Answered	36	13.00%

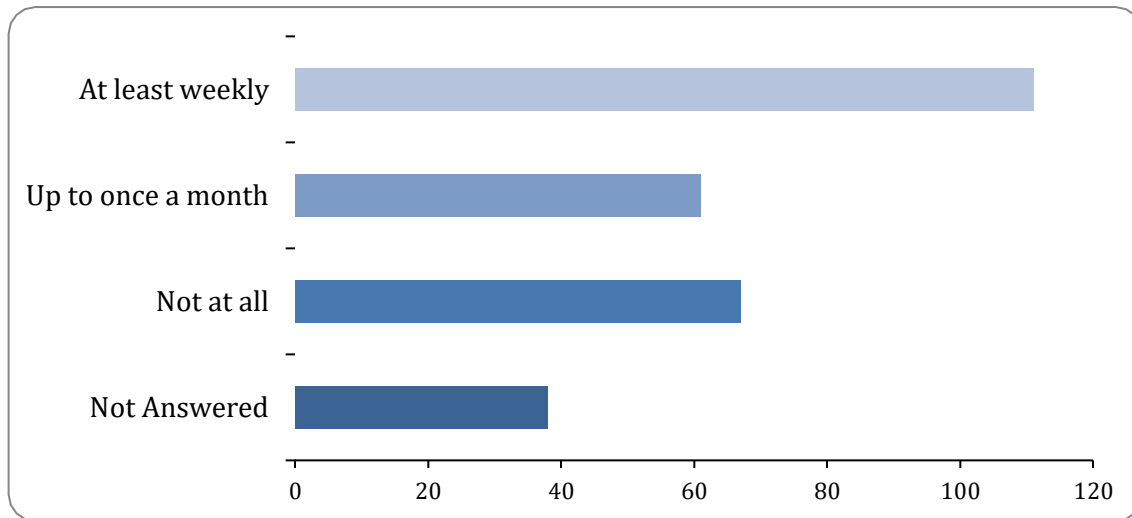
When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would prefer to do activities alone at home or in the community (with support) responded at least weekly (35.02%) followed by not at all (29.96%).



## Future activities - Would prefer to mix some activities in my own home or in the community and some group activities in a building

There were 239 responses.



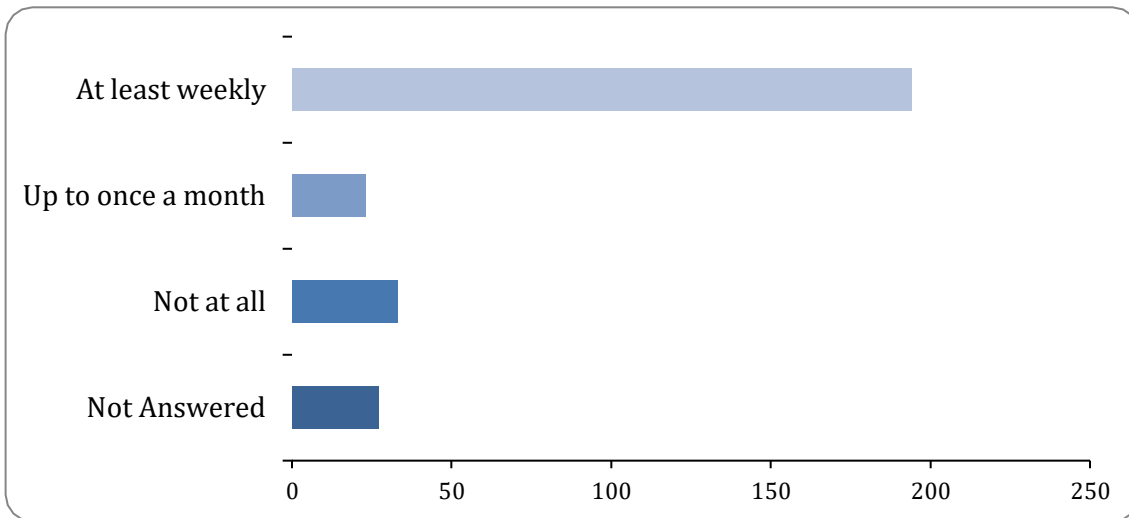
Option	Total	Percent
At least weekly	111	40.07%
Up to once a month	61	22.02%
Not at all	67	24.19%
Not Answered	38	13.72%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they would prefer to mix some activities in my own home or in the community and some group activities in a building responded at least weekly (40.07%).

## Future activities - Doing activities, the same as before the pandemic

There were 250 responses.



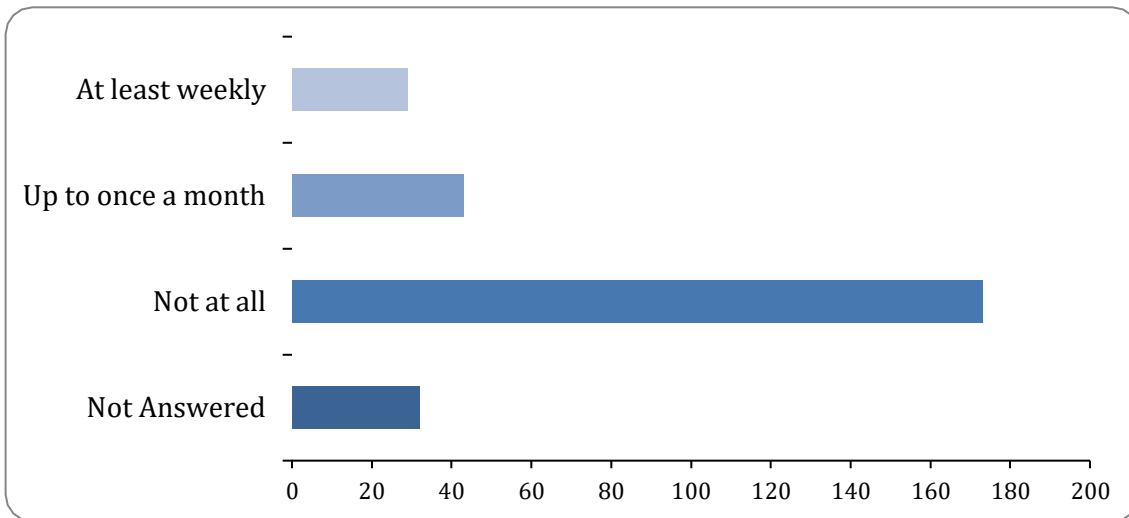
Option	Total	Percent
At least weekly	194	70.04%
Up to once a month	23	8.30%
Not at all	33	11.91%
Not Answered	27	9.75%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they wanted to continue doing activities, the same as before the pandemic responded at least weekly (70.04%).

## Future activities - Want to independently visit art galleries, cinemas, museums etc

There were 245 responses.



Option	Total	Percent
At least weekly	29	10.47%
Up to once a month	43	15.52%
Not at all	173	62.45%
Not Answered	32	11.55%

When asked Are there any activities you would like to do in the future?

A high percentage of those who completed the questionnaire when asked if they Want to independently visit art galleries, cinemas, museums etc responded Not at all (62.45%).

## **Anything else and future ideas**

There were 125 comments received. The summary of the comments is centered around the following themes:

### Day Centre

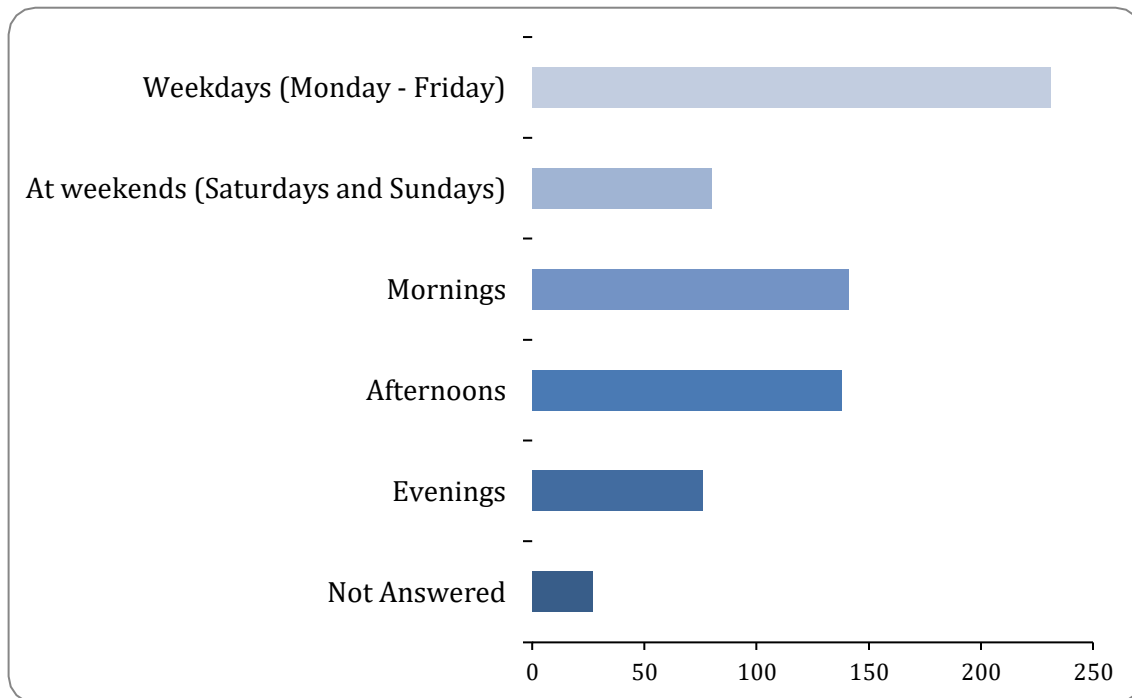
- Being at the day centre to be with friends and happy doing the current group activities, such as drama, cooking and art and craft
- Some respondents would like to see the activity programme broaden and for activities to be meaningful
- Some respondents asked for more days at the Day Centre
- A few respondents said that they prefer to have a routine

### Activities in the Community

- Some interest in continuing or starting activities in the community, but some people said they would need support to do this.
- The activities included, shopping, going to cafés and pubs, having lunch and socialising, museums, concerts, going to the cinema and shows
- Some respondents expressed an interest in days out and holidays with the Day Centre to see new places
- Some respondents also said they would be interested to do exercise either at the Day centre or in the community and go to the Gym or do swimming, but some people would need a hoist to be able to do this.
- A small number of respondents said they would be interested in volunteering and linking up with community activities and work placements.

## 7: When would you like to carry out the activities? (Please tick all that apply)

There were 250 responses.

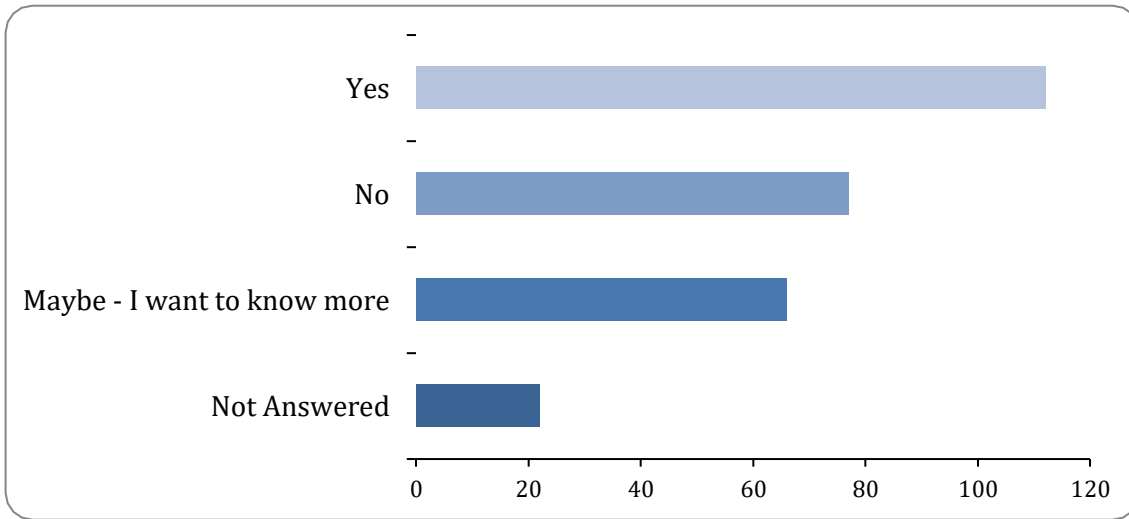


Option	Total	Percent
<b>Weekdays (Monday – Friday)</b>	231	83.39%
<b>At weekends (Saturdays and Sundays)</b>	80	28.88%
<b>Mornings</b>	141	50.90%
<b>Afternoons</b>	138	49.82%
<b>Evenings</b>	76	27.44%
<b>Not Answered</b>	27	9.75%

A high percentage of those who completed the questionnaire when asked when they would like to carry out activities responded weekdays (Monday - Friday) (83.39%) followed by mornings (50.90%) followed by afternoons (49.82%).

## 8: Is technology something you would like to use in the future?

There were 255 responses.

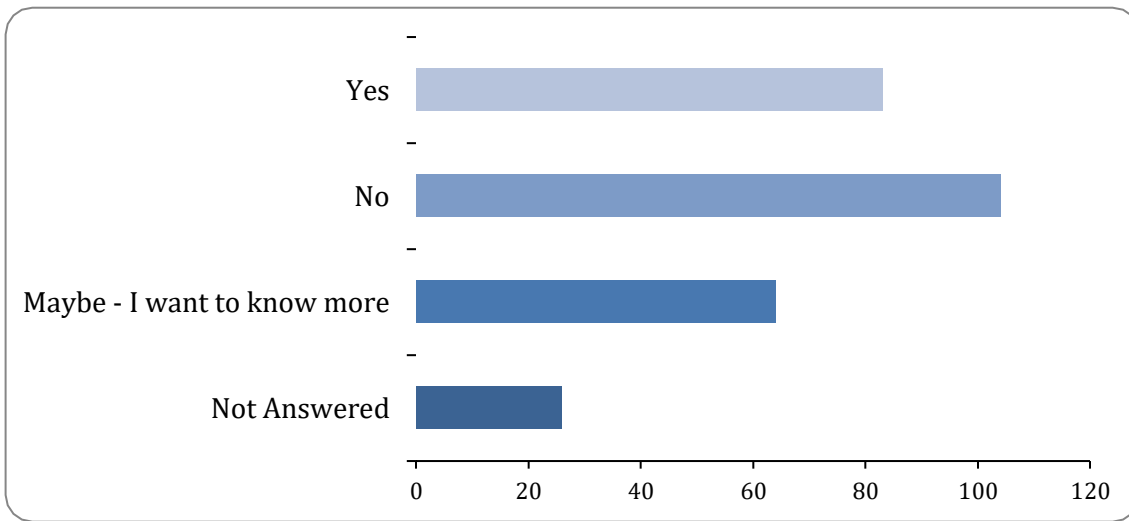


Option	Total	Percent
Yes	112	40.43%
No	77	27.80%
Maybe – I want to know more	66	23.83%
Not Answered	22	7.94%

A high percentage of those who completed the questionnaire when asked if they would like to use technology in the future responded yes (40.43%).

### 9: Would you like support to access online activities?

There were 251 responses.



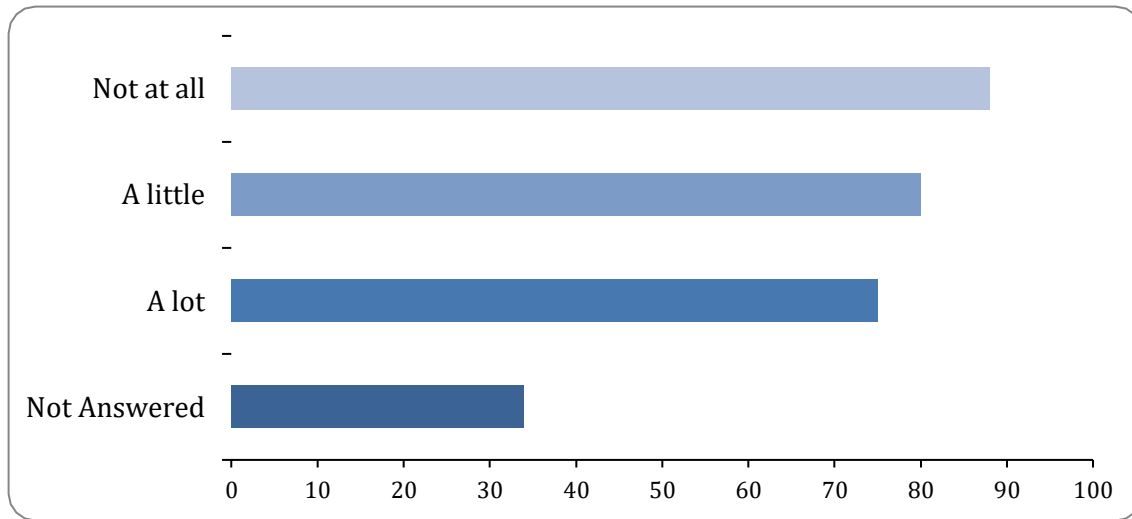
Option	Total	Perce
Yes	83	29.96
No	104	37.55
Maybe – I want to know more	64	23.10
Not Answered	26	9.39

(37.55%) of those who completed the questionnaire selected no to the question would you like support to access online activities.

## 10: Is there anything stopping you using activities in Sefton?

### Potential barriers – Fear of catching COVID

There were 243 responses.



Option	Total	Percent
Not at all	88	31.77%
A little	80	28.88%
A lot	75	27.08%
Not Answered	34	12.27%

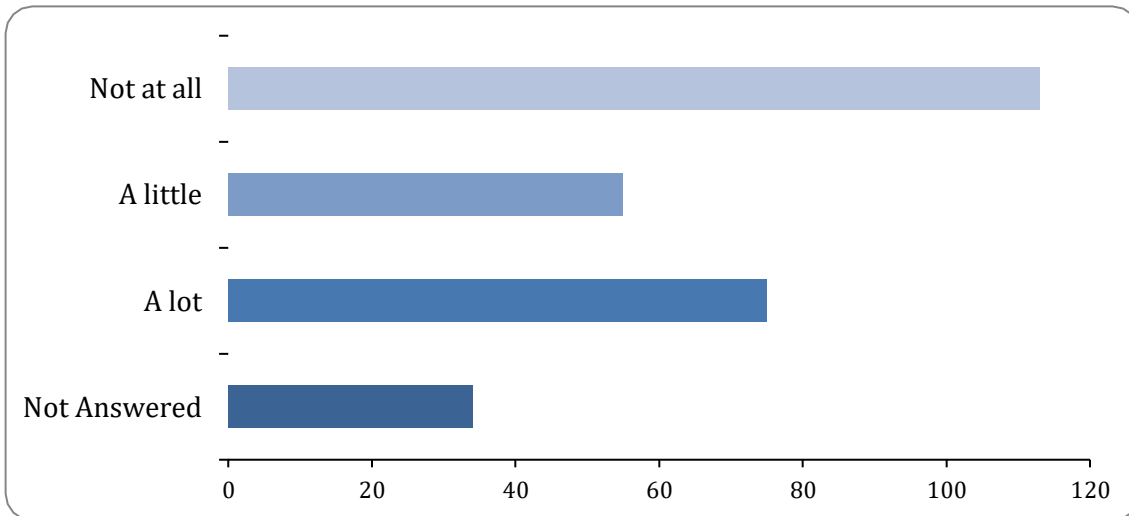
When asked Is there anything stopping you using activities in Sefton?

In relation to Potential barriers – Fear of catching COVID? The majority of those that completed the questionnaire selected the option Not at all or a little, (27.08%) selected a lot.



## Potential barriers – Mobility issues

There were 243 responses.



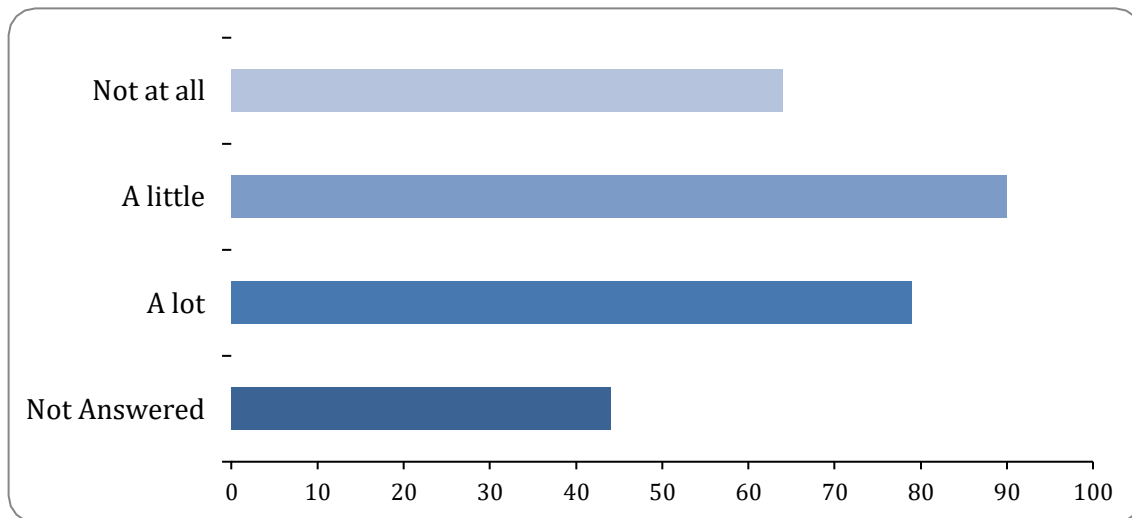
Option	Total	Percent
Not at all	113	40.79%
A little	55	19.86%
A lot	75	27.08%
Not Answered	34	12.27%

Is there anything stopping you using activities in Sefton?

A high percentage of those who completed the questionnaire (40.79%) selected not at all in relation to the potential barrier – mobility issues.

## Potential barriers – Safety concerns

There were 233 responses.



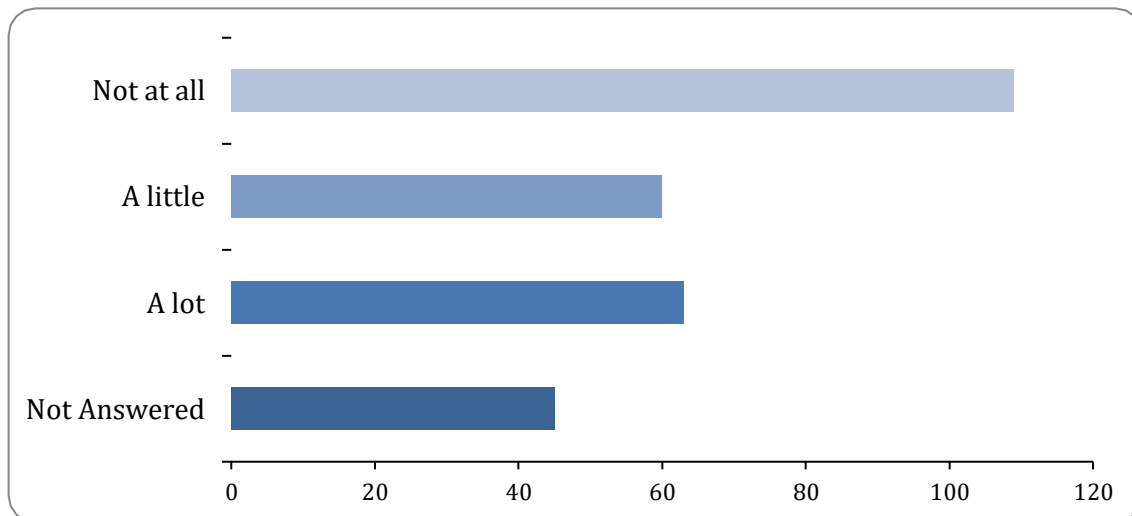
Option	Total	Percent
Not at all	64	23.10%
A little	90	32.49%
A lot	79	28.52%
Not Answered	44	15.88%

Is there anything stopping you using activities in Sefton?

In relation to Potential barriers – Safety concerns there was a difference of (3.97%) between those who selected a little (32.49%) and those who selected a lot (28.52%).

## Potential barriers – Wider health issues

There were 232 responses.



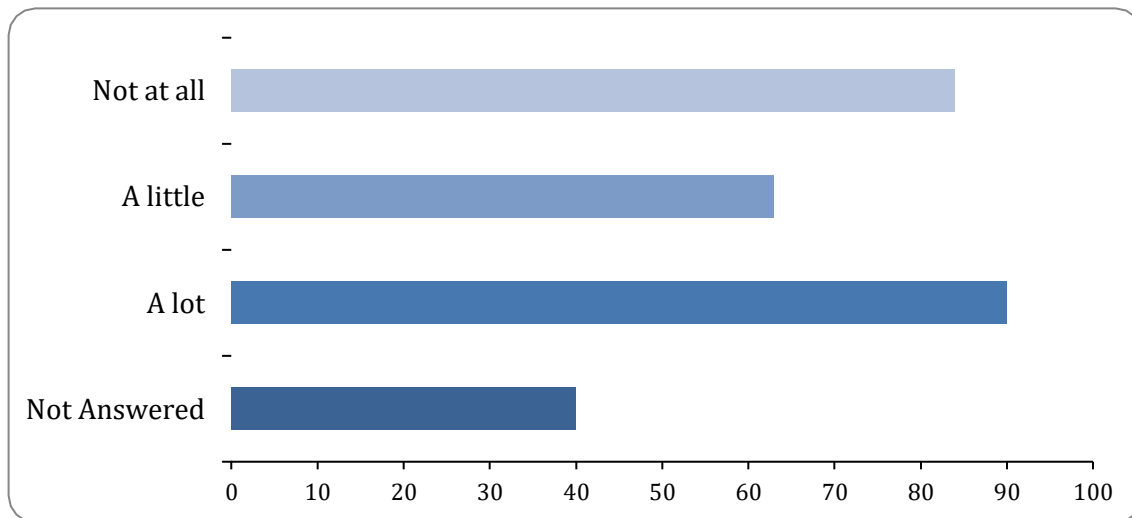
Option	Total	Percent
Not at all	109	39.35%
A little	60	21.66%
A lot	63	22.74%
Not Answered	45	16.25%

Is there anything stopping you using activities in Sefton?

A high percentage of those who completed the questionnaire (39.35%) selected not at all in relation to the potential barrier – wider health issues, whilst the percentage of those who selected a little (21.66%) and a lot (22.74%) were very close in numbers.

## Potential barriers – Difficulty accessing transport

There were 237 responses.



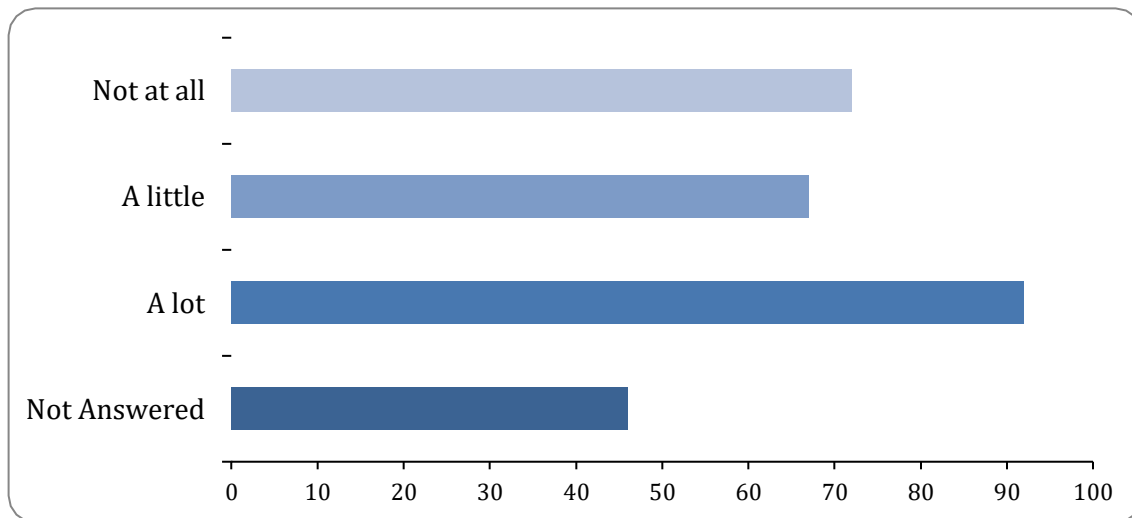
Option	Total	Percent
Not at all	84	30.32%
A little	63	22.74%
A lot	90	32.49%
Not Answered	40	14.44%

Is there anything stopping you using activities in Sefton?

In relation to Potential barriers – difficulty accessing transport there was a difference of (2.17%) between those who selected a lot (32.49%) and those who selected not at all (30.32%).

## Potential barriers – Lack of information and advice

There were 231 responses.



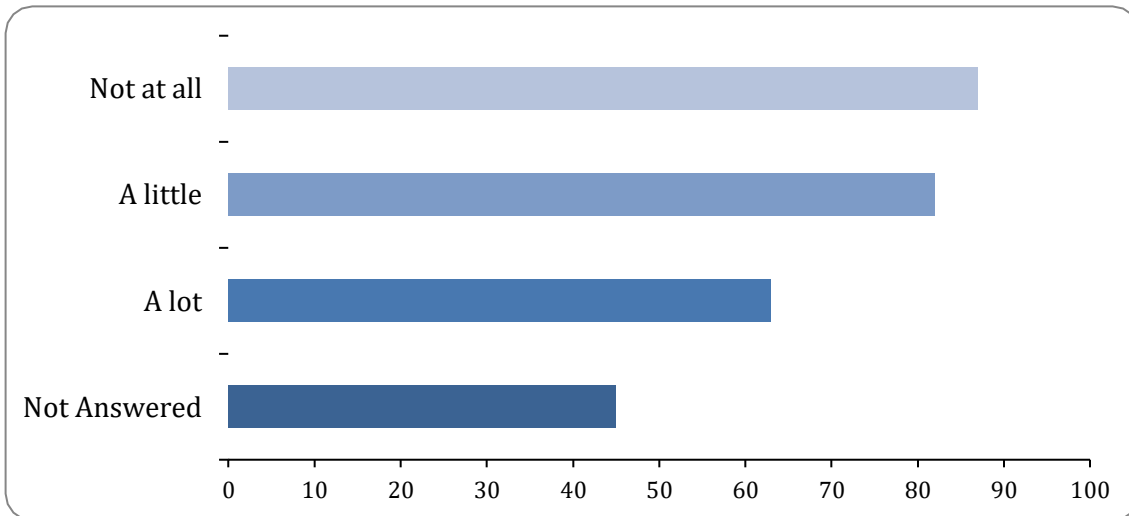
Option	Total	Percent
Not at all	72	25.99%
A little	67	24.19%
A lot	92	33.21%
Not Answered	46	16.61%

Is there anything stopping you using activities in Sefton?

(33.21%) of those who completed the questionnaire selected the option not at all in relation to the Potential barriers – Lack of information and advice however the numbers did not differ significantly in comparison to those who selected the option not at all and a little.

## Potential barriers – Worries about cost

There were 232 responses.



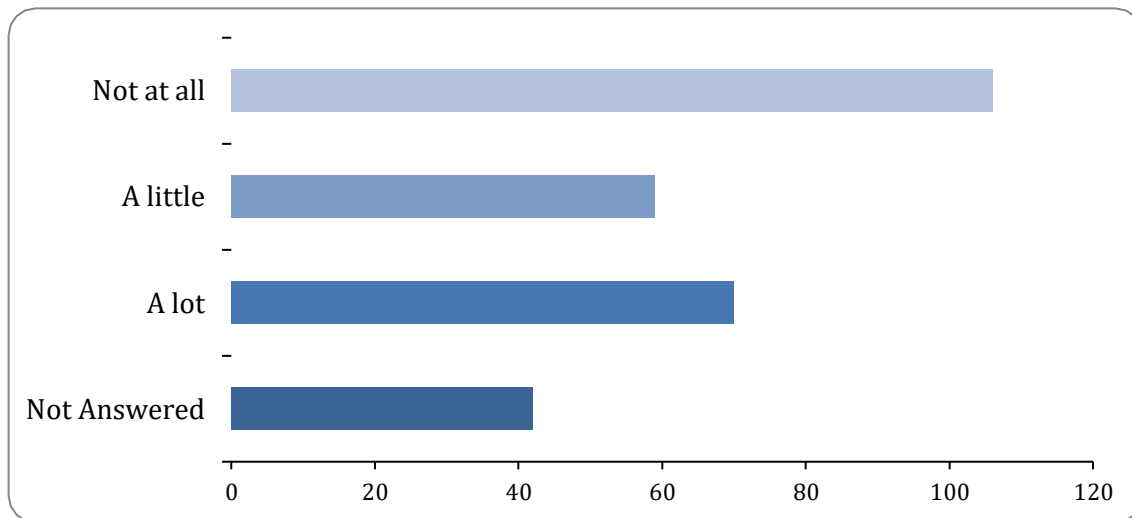
Option	Total	Percent
Not at all	87	31.41%
A little	82	29.60%
A lot	63	22.74%
Not Answered	45	16.25%

Is there anything stopping you using activities in Sefton?

In relation to Potential barriers – worries about cost there was a difference of (1.81%) between those who selected not at all (31.41%) and those who selected a little (29.60%).

## Potential barriers – Communication Issues including language differences

There were 235 responses.



Option	Total	Percent
Not at all	106	38.27%
A little	59	21.30%
A lot	70	25.27%
Not Answered	42	15.16%

Is there anything stopping you using activities in Sefton?

A high percentage of those who completed the questionnaire (38.27%) selected not at all in relation to the potential barrier – Communication Issues including language differences.

## **11: Is there anything else that you would like to tell us about how the pandemic affected you or about what you would like to do in the future?**

### **Other comments**

There were 143 comments received. The summary of the comments mentioned in connection to how the pandemic affected the respondent and what they would like to do in the future is centered around the following themes:

#### The effects of the pandemic

- Some respondents said they were 'stuck at home' or stayed at home' and were bored because there was no structure and the pandemic stopped them from doing things
- Some respondents realised how essential day services were and some carers reported 'carer burnout' which happened very quickly when the Day Centres are removed and no respite available
- Some people with autism welcome structure and routine, which was affected by the pandemic
- A high number of people reported that the pandemic affected the way they were feeling and their health and mental wellbeing; that they struggled, were anxious, depressed, angry, lonely, and isolated. Others reported that their mobility and confidence were affected.
- A small number reported that Sefton didn't keep in touch during the pandemic

#### Day Centre

- A high number of people said that they missed the day centre, the activities and their friends and were glad to be back with friends
- Some people commented that they wanted to use all the Day Centre/building which has restrictions in place due to the pandemic
- Some people said they wanted more days at the Centre, get back to normal and didn't want things to change

#### Activities in the Community

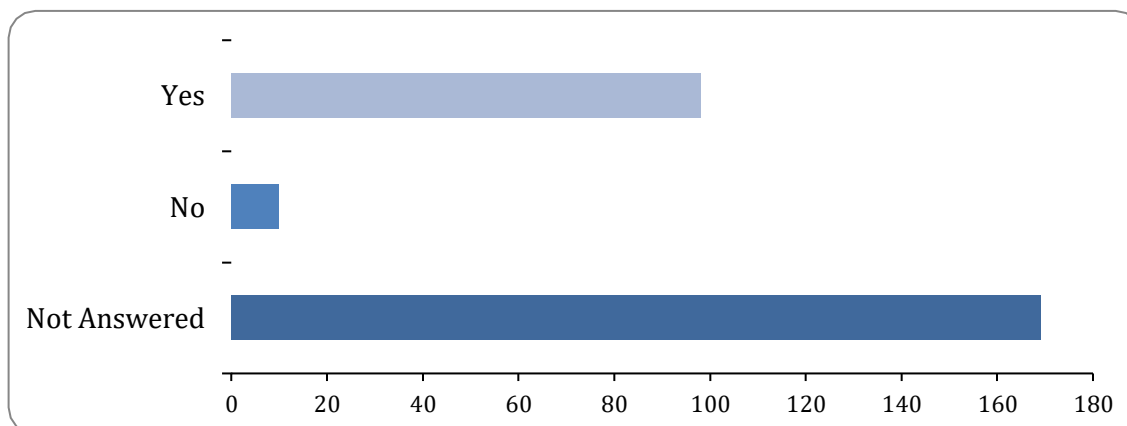
- A small number of respondents wanted to go back into the community, some wanted to access transport but would need support and feel that they need to be aware of what community activities and support is available. A small number of people would like to access work placements.



## SECTION B

### 12: Has your caring role increased since the start of the pandemic?

There were 108 responses.



Option	Total	Percent
Yes	98	35.38%
No	10	3.61%
Not Answered	169	61.01%

A high percentage of those who completed Section B of the questionnaire did not answer the carer questions however we have to remind ourselves when reading section B this questionnaire was not only completed by carers.

A high percentage of those people who completed the questionnaire (35.38%) answered yes to the question: Has your caring role increased since the start of the pandemic?

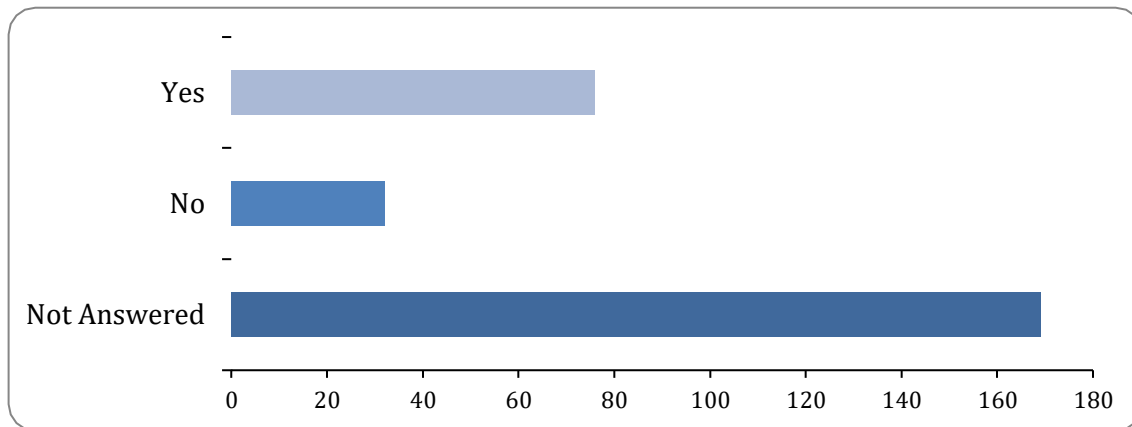
#### Carer role increased comments

There were 108 comments received. The summary of the comments mentioned about the Carer role increasing is centered around the following themes:

- Due to people shielding and activities being reduced the caring role significantly increased and became 24/7 for many carers as they didn't have the respite needed to support them
- This had a detrimental effect on their physical and mental health and that of the person they care for
- A few carers reported that they felt lonely and isolated as they didn't see anyone

### 3: Has your caring role affected your own health, either physically or mentally?

There were 108 responses.



Option	Total	Percent
Yes	76	27.44%
No	32	11.55%
Not Answered	169	61.01%

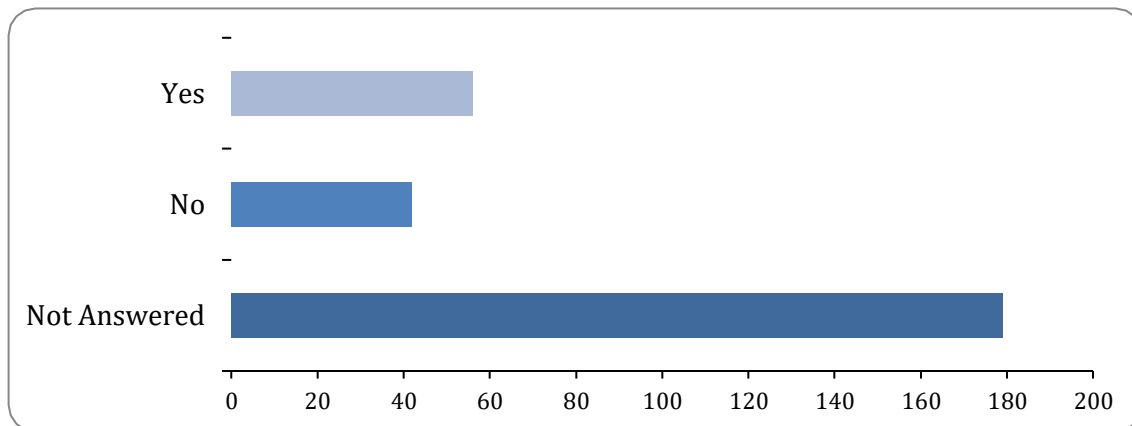
#### Carer wellbeing

There were 81 comments received. The summary of the comments mentioned about Carer wellbeing is centered around the following themes:

- Carers reported that due to the extra demands placed on them because of their caring role and other commitments, they were more tired and exhausted, affecting some carers sleep patterns
- Some carers said that they had low moods and/or depression and felt stressed more, affecting their physical and mental health
- The increased caring role had an impact on their own medical conditions
- Some carers felt isolated for themselves and the people they care for and was hard to keep motivated
- Some carers report that due to the extra demands they were not able to think about their own needs, for example, exercising, hobbies and work
- A couple of carers expressed concerns of the financial implications of keeping a loved one occupied

## 14: Are there any other services that you feel could be developed to support the person you care for in the future?

There were 98 responses.



Option	Total	Percent
Yes	56	20.22%
No	42	15.16%
Not Answered	179	64.62%

### Comments about future day opportunities


There were 67 comments received. The summary of the future day opportunities mentioned is centered around the following themes:

#### Information and advice

- People reported that they would like more information and advice about what is available and some support to help navigate what's available for them and their carers

#### Support

- Some respondents expressed a need for more respite as this has been reduced and for the direct payment amount to be reviewed
- A few respondents expressed concern over transport and transport costs and that there is an impact when they must pay for transport themselves
- People would like more dementia friendly services and support for people with Alzheimer's and their families
- A few people said that they would welcome access to a physiotherapist and access to a hydrotherapy pool
- A couple of people reported that they would like support from social care – easier access to a social worker and access to quality reports



## Day Centre

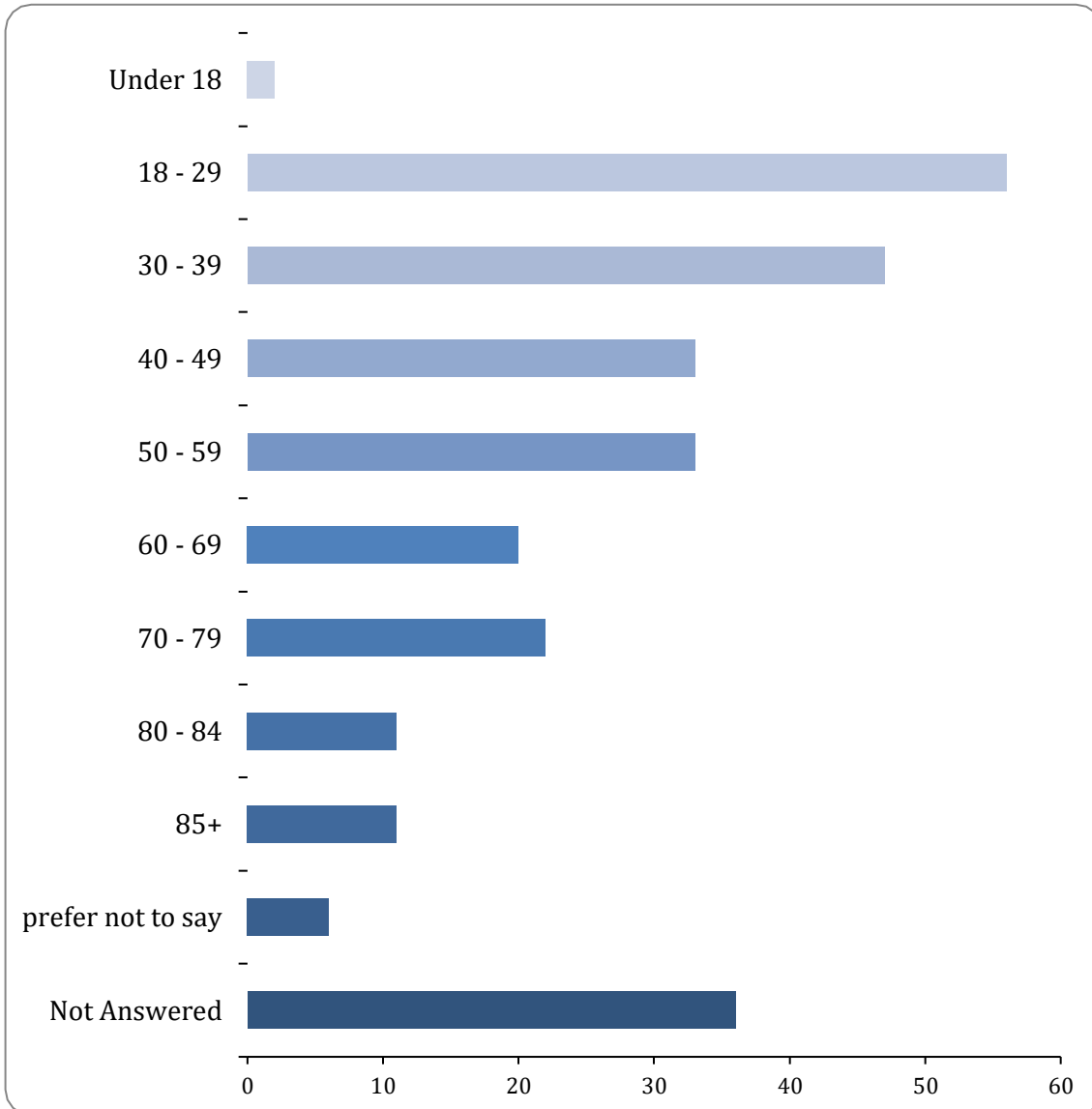
- There was praise for the Day Centres, carers and support received during the pandemic
- Some people said that would like more days at the day centre and to be able to access weekend/evening activities
- Some people said that they would like more choice and for the activities to be more meaningful, to learn new skills, attend courses and to go out on trips to see places

## SECTION C

### 15: How old are you?

#### Age groupings

There were 241 responses.



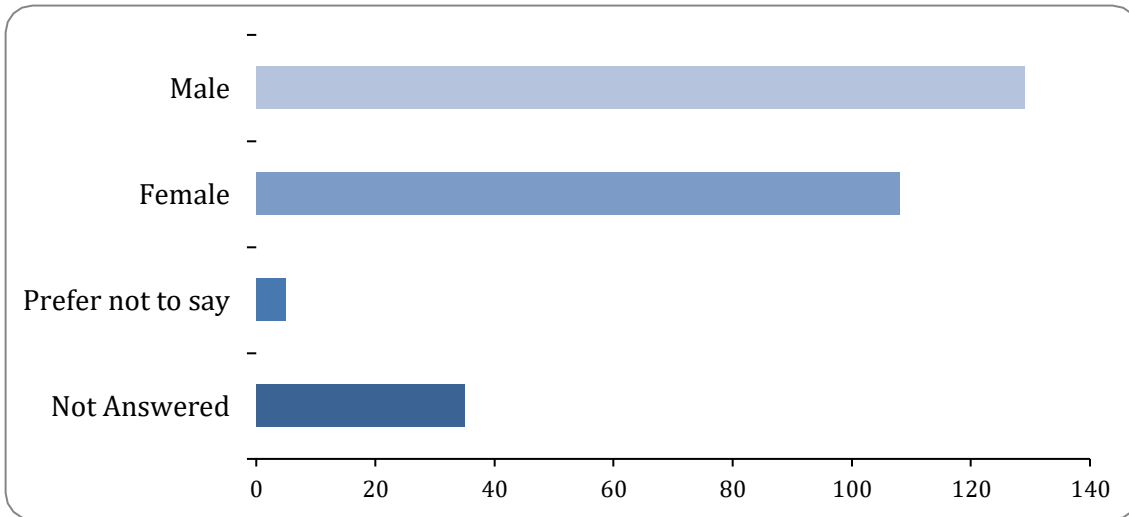
Option	Total	Percent
Under 18	2	0.72%
18 - 29	56	20.22%
30 - 39	47	16.97%
40 - 49	33	11.91%
50 - 59	33	11.91%
60 - 69	20	7.22%
70 - 79	22	7.94%
80 - 84	11	3.97%
85+	11	3.97%

<b>prefer not to say</b>	6	2.17%
<b>Not Answered</b>	36	13.00%

## 16: Are you

### Sex

There were 242 responses.



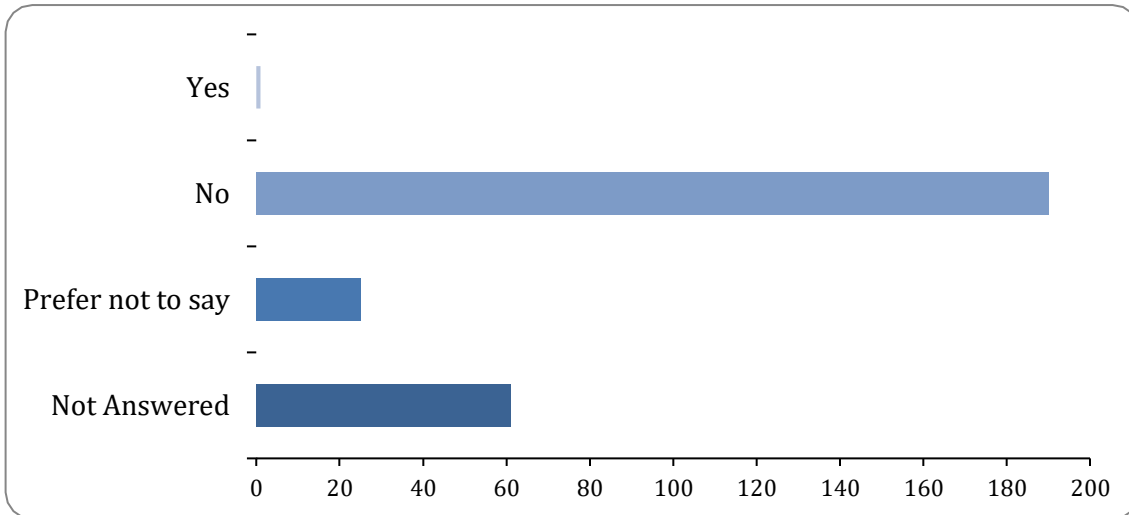
<b>Option</b>	<b>Total</b>	<b>Percent</b>
<b>Male</b>	129	46.57%
<b>Female</b>	108	38.99%
<b>Prefer not to say</b>	5	1.81%
<b>Not Answered</b>	35	12.64%

**17: People who are planning to, started to or have changed their sex are protected by the Equalities Act.**

**Are you planning to, started to or have changed your sex? This is called gender reassignment.**

**Gender reassignment**

There were 216 responses.

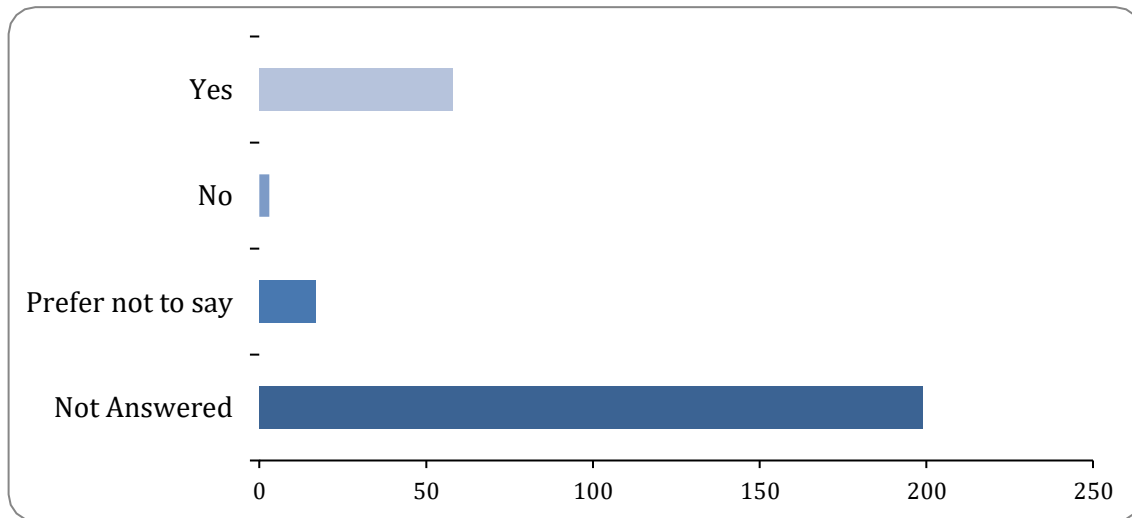


Option	Total	Percent
Yes	1	0.36%
No	190	68.59%
Prefer not to say	25	9.03%
Not Answered	61	22.02%

**18: If you answered Yes to Question 17.**

**Do you currently live as the sex you were given when you were born?**

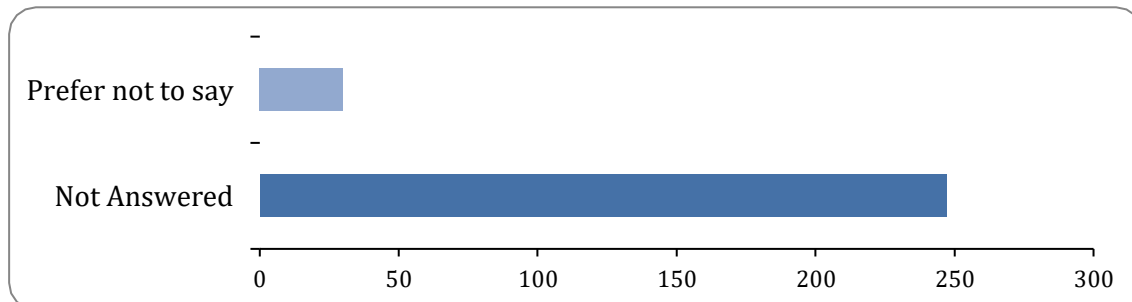
There were 78 responses.



Option	Total	Percent
Yes	58	20.94%
No	3	1.08%
Prefer not to say	17	6.14%
Not Answered	199	71.84%

**19: If you do not live as the sex you were given at birth, are you?**

There were 30 responses to this part of the question.

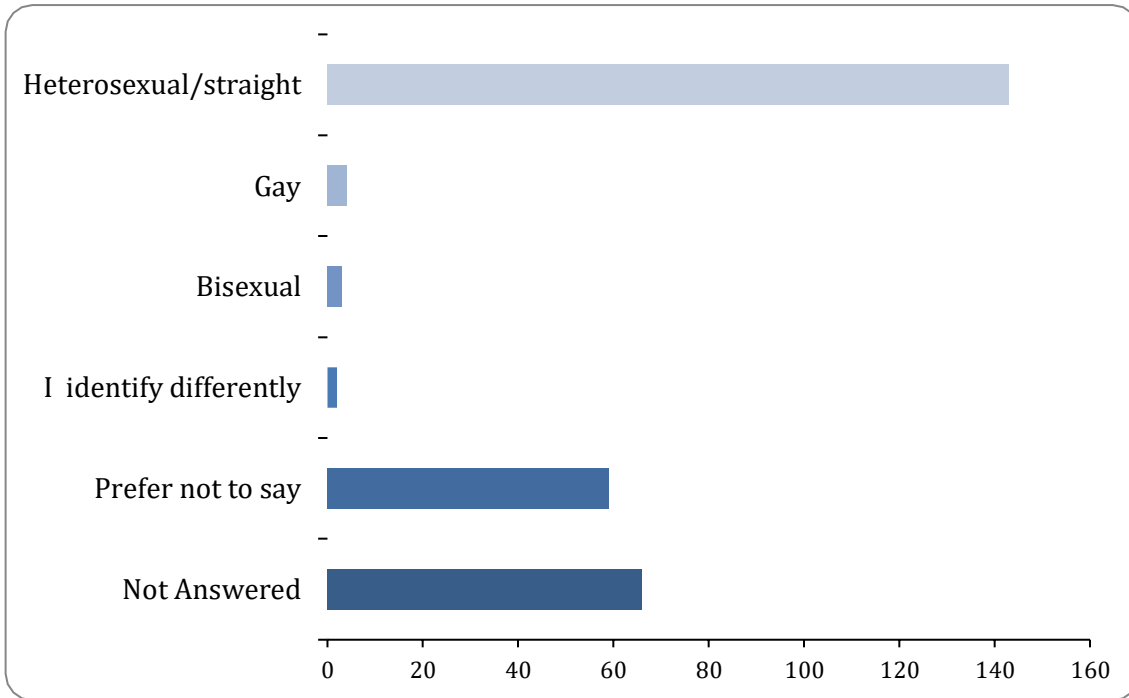


Option	Total	Percent
Transgender	0	0.00%
Non binary	0	0.00%
I identify differently	0	0.00%
Prefer not to say	30	10.83%
Not Answered	247	89.17%



## 20: Relationships - How would you describe your sexual orientation?

There were 211 responses.



Option	Total	Percent
Heterosexual/straight	143	51.62%
Gay	4	1.44%
Lesbian	0	0.00%
Bisexual	3	1.08%
I identify differently	2	0.72%
Prefer not to say	59	21.30%
Not Answered	66	23.83%

Please tell us how you identify

There were no responses.



## 21: Disability - Do you have any of the following?

### Disability

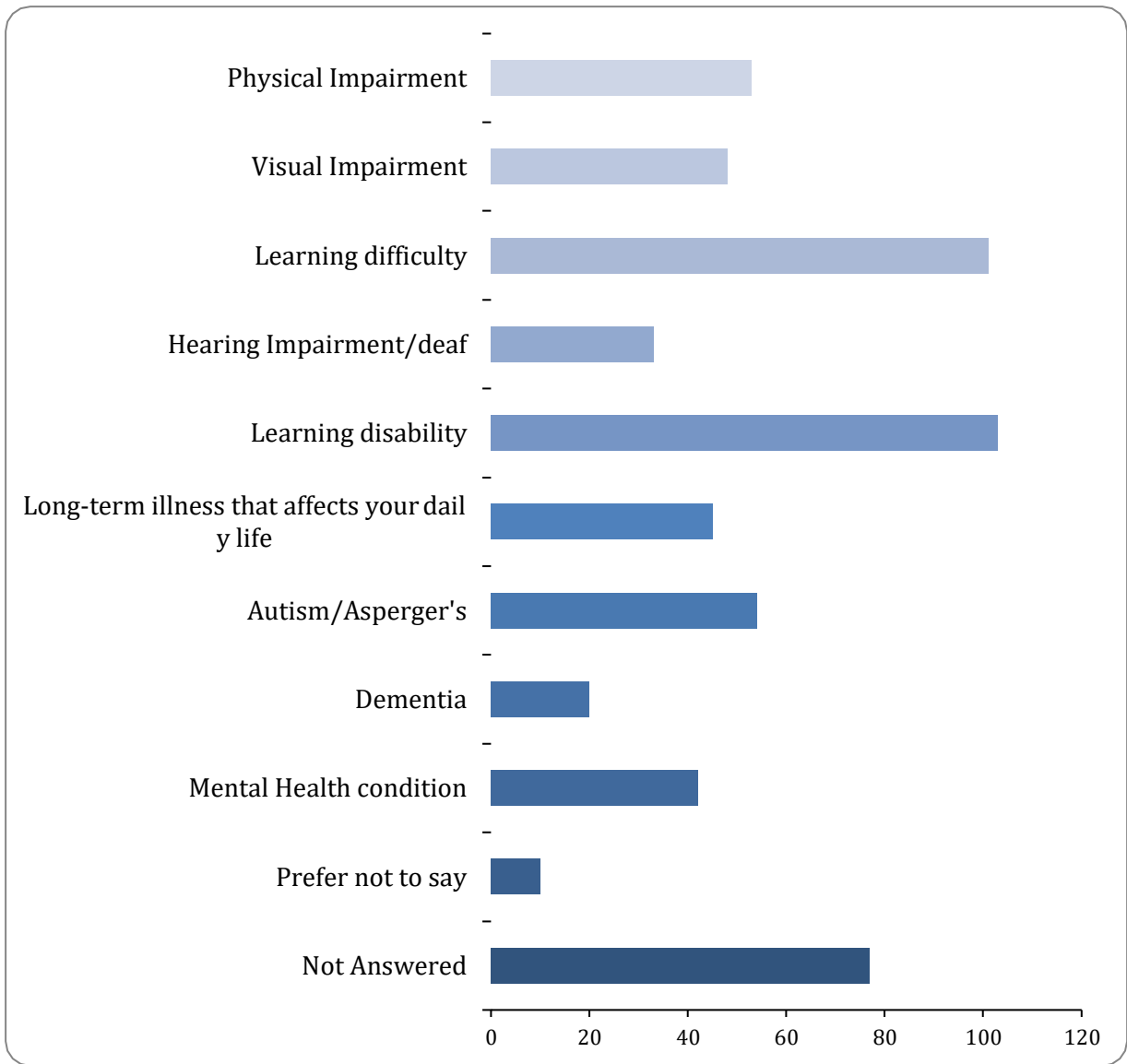
There were 226 responses.

Initially this question was not configured as a multi check question but was updated on the 18th of November 2021. We received 26 responses to this question prior to it being reconfigured, the numbers have been merged in the table below.

Of the 277 overall responses 38.99% said they had a learning disability, 36.82% replied they had a learning difficulty, 20.94% said they had Autism/Asperger's, closely followed by 19.85% who reported they had a physical impairment.

This was further broken down as follows:

Of those that responded 18.05% state that they had a visual impairment this was the same as those who report that they have a long-term illness that affects your daily life and 15.16% who report they have a mental health condition, the next highest group were those that had a hearing impairment/deaf 12.27%.



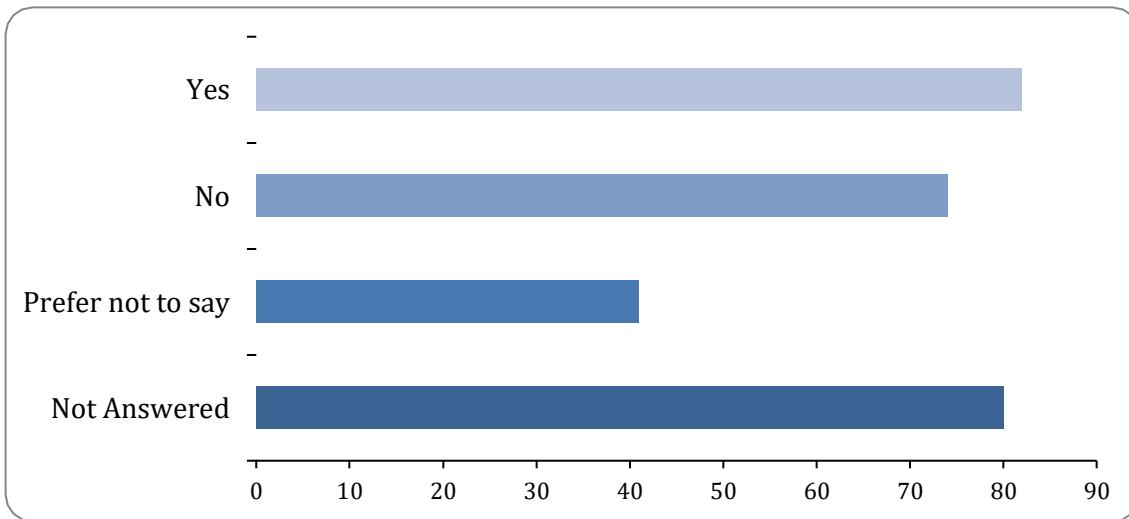
Option	Total	Percent
<b>Physical Impairment</b>	55	19.85%
<b>Visual Impairment</b>	50	18.05%
<b>Learning difficulty</b>	102	36.82%
<b>Hearing Impairment/deaf</b>	34	12.27%
<b>Learning disability</b>	108	38.99%
<b>Long-term illness that affects your daily life</b>	50	18.05%
<b>Autism/Asperger's</b>	58	20.94%
<b>Dementia</b>	23	8.30%
<b>Mental Health condition</b>	42	15.16%
<b>Prefer not to say</b>	13	4.69%
<b>Not Answered</b>	86	31.05%

**22: If you have Cancer, diabetes or HIV this is seen as a disability under the Equalities Law.**

**Or you have selected any of the boxes in the question above?**

**Do you think of yourself as disabled?**

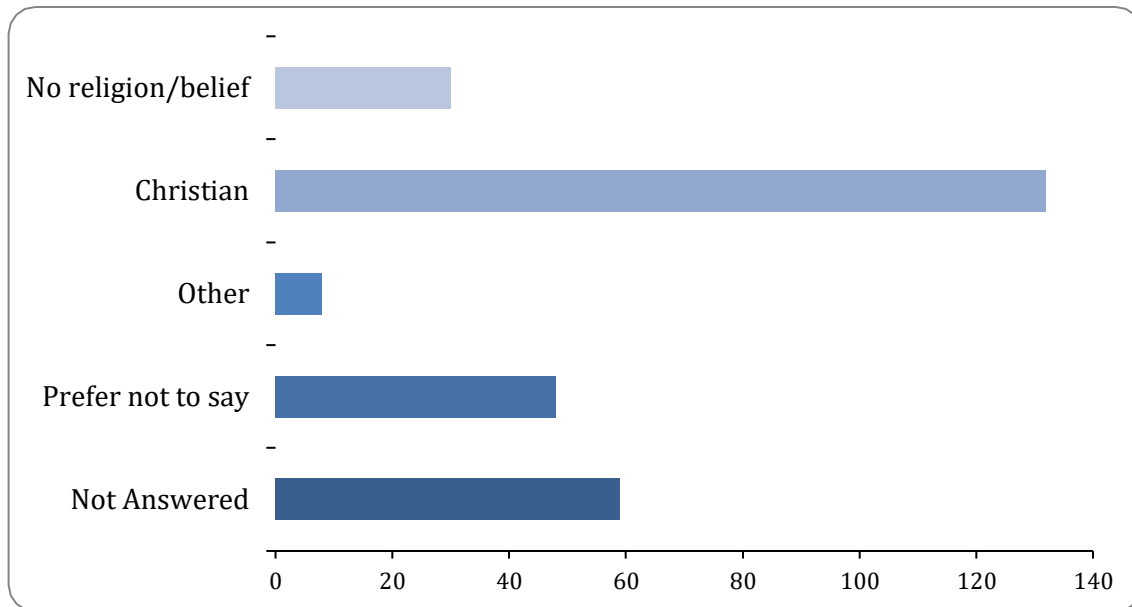
There were 197 responses.



<b>Option</b>	<b>Total</b>	<b>Percent</b>
<b>Yes</b>	82	29.60%
<b>No</b>	74	26.71%
<b>Prefer not to say</b>	41	14.80%
<b>Not Answered</b>	80	28.88%

### 23: What is your religion or belief?

There were 218 responses.



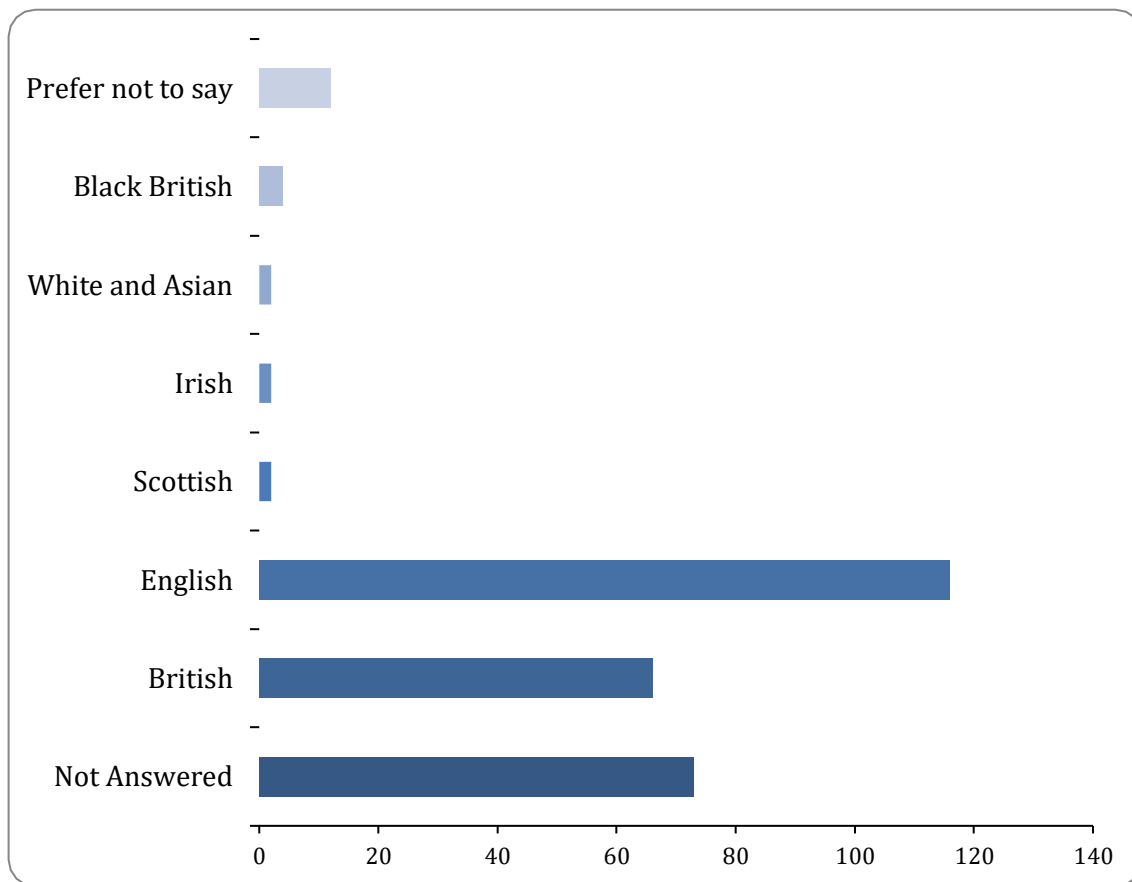
Option	Total	Percent
No religion/belief	30	10.83%
Christian	132	47.65%
Hindu	0	0.00%
Muslim	0	0.00%
Jewish	0	0.00%
Sikh	0	0.00%
Other	8	2.89%
Prefer not to say	48	17.33%
Not Answered	59	21.30%

#### Other religion or belief

Buddhist
Jehovah Witness
Catholic
Roman Catholic
Catholic
Protestant
Callice region

## 24: Race and ethnicity - do you identify as

There were 204 responses.



Option	Total	Percent
Prefer not to say	12	4.33%
Indian	0	0.00%
Bangladeshi	0	0.00%
Pakistani	0	0.00%
Black	0	0.00%
Chinese	0	0.00%
Other Asian Background	0	0.00%
African	0	0.00%
Caribbean	0	0.00%
Black British	4	1.44%
Black Asian	0	0.00%
Other Black Background	0	0.00%
White and Black Caribbean	0	0.00%
White and Black African	0	0.00%
White and Asian	2	0.72%
Other mixed ethnic background	0	0.00%
Welsh	0	0.00%
Irish	2	0.72%
Scottish	2	0.72%
English	116	41.88%

<b>Northern Irish</b>	0	0.00%
<b>British</b>	66	23.83%
<b>Other White Background</b>	0	0.00%
<b>Gypsy/Irish Traveller</b>	0	0.00%
<b>Roma</b>	0	0.00%
<b>Polish</b>	0	0.00%
<b>Latvian</b>	0	0.00%
<b>Portuguese</b>	0	0.00%
<b>Not Answered</b>	73	26.35%

**Other race or ethnicity:**

- **Egyptian**
- **White background Zimbawa**

# Day Opportunities Consultation EIA Report



**Details of proposal: (Clearly identify the proposal give details of relevant service provision and the demographics covered by the policy or service)**

Day Care Centres offer support during the day for those who are assessed as requiring it following a Care Act assessment. The day service is usually provided in a building base or in the community and is run by trained staff for those people with complex physical disabilities, learning disabilities and/or autism, or mental health challenges who also have social care needs.

The purpose of a Day Centre is to enable people to maintain their independence for longer and to live a fuller life, enabling them to socialise with others and meet people who may be in a similar situation and subsequently building stronger social networks and more resilient communities.

Day Care also provides respite for Parent / Carers and allows those with caring responsibilities for older parents to pursue their own interest outside of their caring role.

The proposal is to consult with service users and carers who currently access day care or who may require access to day opportunities going forward so commissioners can understand the changing requirements of people who want to access more community based activities as opposed to traditional models of day care, to understand changes in the market and the major impact the Covid 19 Pandemic has had on services and outcomes for people.

Feedback from the consultation will be utilised to further shape and co-design existing day opportunities to offer increased choice, have a focus on enabling access to employment, independent community activities, and influence the development of social enterprise models.

The consultation will inform the continued reshaping and co-design of building base and community base day opportunities services with the continued focus on supporting people, and their families to achieve improved outcomes for them, based on their strengths and potential, whilst recognising that for some a building- based environment may be the most appropriate means of support.

Day Centres provide support for the following client groups;

- Learning Disabilities
- Physical Disabilities
- Older People
- Mental health

The demographics of service users accessing these services are; (*updated post consultation*)

## Age Group

Table 1 - Age Group of Day Care Service Users (06.04.21)

Age Group	Total	%
Adults	463	67.89 %
Age 65-74	55	8.06%
Age 75-84	83	12.17 %
Age 85-94	67	9.82%
Age 95+	14	2.05%
<b>Sum:</b>	<b>682</b>	

Table 1.1 – Age Group of Day Service Users(11.02.22)

Age Group	Total	%
Adults	381	68.04%
Age 65-74	38	6.78%
Age 75-84	74	13.21%
Age 85-94	59	10.54%
Age 95+	8	1.43%
<b>Sum:</b>	<b>560</b>	

## Gender

Table 2 - Gender of Day Care Service Users (06.04.21)

Gender	Female	%	Male	%
Adults	185	27.13 %	278	40.76 %
Older People	117	17.16 %	102	14.96 %
<b>Sum:</b>	<b>302</b>		<b>380</b>	<b>%</b>

Table 2.1 Gender of Day Care Service Users(11.02.22)

Gender	Female	%	Male	%
Adults	142	25.36 %	239	42.68 %
Older People	99	17.68 %	80	14.29 %
<b>Sum:</b>	<b>241</b>		<b>319</b>	

## Ethnicity

Table 3 – Ethnicity of Day Care Service Users (06.04.21)

	Total Client	%	Total Clients	%
<b>Any other ethnic group</b>	2	0.29%		
<b>Asian/Asian British - Bangladeshi</b>	2	0.29%		
<b>Asian/Asian British - Chinese</b>	4	0.59%		
<b>Black/Black British - Indian</b>	2	0.29%	2	0.29%
<b>Black/Black British - Any other Black background</b>			1	0.15%
<b>Information not yet obtained</b>	2	3.08%	1	2.20%
<b>Mixed - Any other mixed background</b>	3	0.44%		
<b>Mixed - White and Asian</b>	3	0.44%		
<b>Mixed – White and Black African</b>	1	0.15%		
<b>White - Any other White background</b>	5	0.73%	3	0.44%
<b>White - British/English/Welsh/Scottish/Northern Irish</b>	4	61.58	1	28.89
<b>White - Irish</b>			1	0.15%
<b>Sum:</b>	<b>4</b>		<b>2</b>	

Table 4 – Ethnicity of Day Care Service Users (11.02.22)

	Total Client	%	Total Clients	%
<b>Any other ethnic group</b>	2	0.36%	1	0.18%
<b>Asian/Asian British - Bangladeshi</b>	1	0.18%		
<b>Asian/Asian British - Chinese</b>	3	0.54%		
<b>Black/Black British - Indian</b>	2	0.36%	1	0.18%
<b>Black/Black British - Any other Black background</b>				
<b>Information not yet obtained</b>	2	4.11%	1	2.32%
<b>Mixed - Any other mixed background</b>	3	0.54%		
<b>Mixed - White and Asian</b>	2	0.36%		
<b>Mixed – White and Black African</b>	1	0.18%		
<b>Mixed – White and Black Caribbean</b>	1	0.18%		
<b>Not Stated</b>			1	0.18%
<b>White - Any other White background</b>	5	0.89%	4	0.71%
<b>White - British/English/Welsh/Scottish/Northern Irish</b>	3	60.36	1	28.39
<b>Sum:</b>	<b>3</b>		<b>1</b>	

## Primary Support Reason

Table 5 - Primary Support Reason of Day Care Service Users (06.04.21)

Primary support reason	Female Adults	% of female adults	Female Older People	% of Female Older People	Male Adults	% of Male Adults	Male Older People	% of Male Older People
Learning Disability	98	17.19	20	3.51	220	38.60	33	5.79
Mental Health	37	6.49	6	1.05	107	18.77	9	1.58
Physical Support - Access and					1	0.18		
Physical Support - Personal Care	6	1.05	2	0.35	18	3.16	3	0.53
Social Support - Substance Misuse Support					1	0.18		
Social Support - Support for Social Isolation					2	0.35		
Support with Memory					3	0.35	3	0.53
Sum:	141		28		352		48	

Table 6 - Primary Support Reason of Day Care Service Users (11.02.22)

	Female Adults	% of Female Adults	Female Older People	% of Female Older People	Male Adults	% of Male Adults	Male Older People	% of Male Older People
Learning Disability	111	19.82	4	0.71	202	38.07	11	1.96
Mental Health	2	0.36	5	0.89	1	0.18	5	0.89
Physical Support - Access and Mobility Only	1	0.18	1	0.18	1	0.18	2	0.36
Physical Support - Personal Care	19	3.39	55	9.82	24	4.29	31	5.54
Social Support - Substance Misuse								
Sensory Support – Support for			1	0.18				
Sensory Support – Support for	1	0.18			1	0.18		
Social Support - Support for Social	6	1.07	7	1.25	7	1.25	6	1.07
Support with Memory	2	0.36	26	4.64	3	0.54	25	4.46
Sum:	142		99		239		80	

### Ramifications of Proposal:

- Service users and carers may continue to be impacted by government restrictions imposed due to the pandemic resulting in reduced capacity of day services or through a change in location from which the service is provided, or by how the service is provided
- Providers may continue to be impacted by government restrictions imposed due to the pandemic resulting in reduced capacity of day services or through a change in location from which the service is provided, or by how the service is provided
- Providers may be impacted as a result of the continued re-shaping of the day opportunity services and the tendering of services
- The communications and engagement with clients and families may evidence additional factors that could impact on these client's groups and carers
- The communications with providers may evidence additional factors that could impact on these client's groups and carers

- There are gaps in data in relation to the intersectionality of some client groups which we recognise as an issue, but we are aware this is an issue experienced by many Local Authority areas across the North West and we will mitigate this by utilising a broad range of consultation methods as outlined in the consultation documentation to all key stakeholders
- There are gaps in data in relation to clients with ASD which we recognise as an issue, but we are aware this is an issue experienced by many Local Authority areas across the North west and we will mitigate this by using anecdotal information to mitigate addressing the specific requirements of this client group
- We recognise there are specific challenges and limitations in relation to consulting with older people and have developed a specific approach to this client group

**Are there any protected characteristics that will be disproportionately affected in comparison to others?**

*The protected characteristics under the Equality Act 2010 are:*

- *Age*
- *Disability*
- *Gender Reassignment*
- *Marriage and Civil Partnership*
- *Race*
- *Religion or Belief*
- *Sex*
- *Sexual Orientation*
- *Pregnancy and Maternity*

If the re-shaping were to be implemented and the above ramifications were to materialise then the following protected characteristics may be affected;

- **Disability** - Most people who attend day opportunities services have a learning disability and/or Autism or physical disability and require support to maintain independence, take part in activities and socially interact with others.
- **Age** – Many older people attend day opportunities services to socialise and enjoy planned activities in a group setting where they can still access some health care

## **Consultation Approach (updated post consultation)**

- A consultation approach has been co-produced with independent advocacy organisations and stakeholders to ensure that engagement methods are designed to meet the specific needs of people and ensure all views and ideas are heard.
- People could respond to the consultation via a variety of methods, which include; face to face meetings, virtual meetings, online questionnaire, via email or via telephone.
- Due to the COVID-19 pandemic remote consultation meetings were offered, a consultation toolkit that provided a range of ideas and options was also available, and an online voice over was developed to support the accessible presentation.
- Careful thought was given to the planning of live consultation meetings to mitigate risk.
- All documentation used has been adapted to fit the needs of our client groups and includes; easy read, larger font, plain background – and adaptations for hearing impairments
- We engaged with people, parent carers, stakeholders and representative groups, in the way it is was most appropriate for them using facilitators with experience of the client group or staff who know and understand them well
- A dedicated section of the Sefton Council website has been set up to publish information on the consultation. This includes a running commentary of Questions and Answers to ensure that people can ask questions and see responses. The website continues to be updated and all documentation relevant to the consultation remains available

## **Consultation: (updated post consultation)**

The consultation period commenced on the 11<sup>th</sup> of October 2021 and ran up to the 9<sup>th</sup> of January 2022. The questionnaire was available for completion from the Monday 9<sup>th</sup> October 2021 - Sunday 16<sup>th</sup> January 2022.

The consultation focused on the following three questions:

- If the pandemic has changed the way you would like to be supported to access day opportunities?
- What Day Opportunities would you like to see in the future?
- Has your caring role changed since the start of the pandemic?

## Consultation Analysis (updated post consultation)

There were 28 consultation events, 23 face to face and 5 virtual meetings, in addition there were 8 drop-ins held in libraries and leisure centres across the borough. There was a series of small group / friendship group discussions facilitated by day centres attended by 275 service users.

The table below gives an overview of Consultation Events, meetings, Forums and attendees.

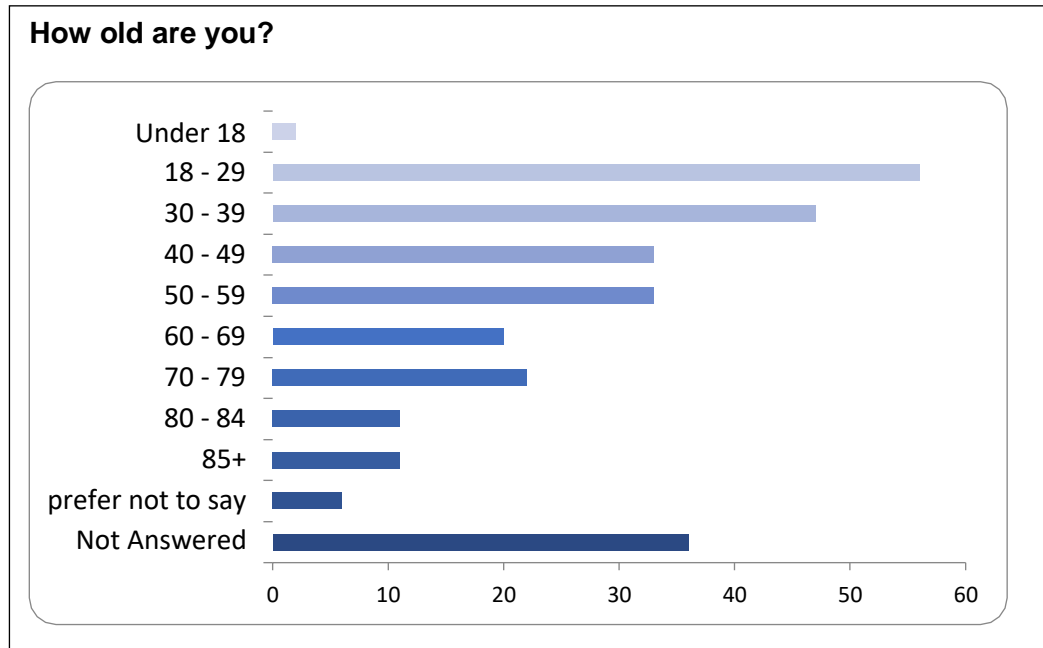
Type of Event	Number of Meetings	Attendees
Day Centre (F2F)	18	148
Day Centre (Virtual)	2	33
Schools and Colleges	1	5
Carers (F2F & Virtual)	4	23
Older People (F2F & Virtual)	3	38
Drop-ins (Libraries and Leisure Centres)	8	1
Small group / friendship group	65	275
Provider Forum Meetings	3	N/A
Schools and Colleges / Transitions Forum	3	N/A

The consultation report and supporting appendices will be published on the Sefton Directory following approval by Cabinet Member.



## Equalities and Demographics from Consultation

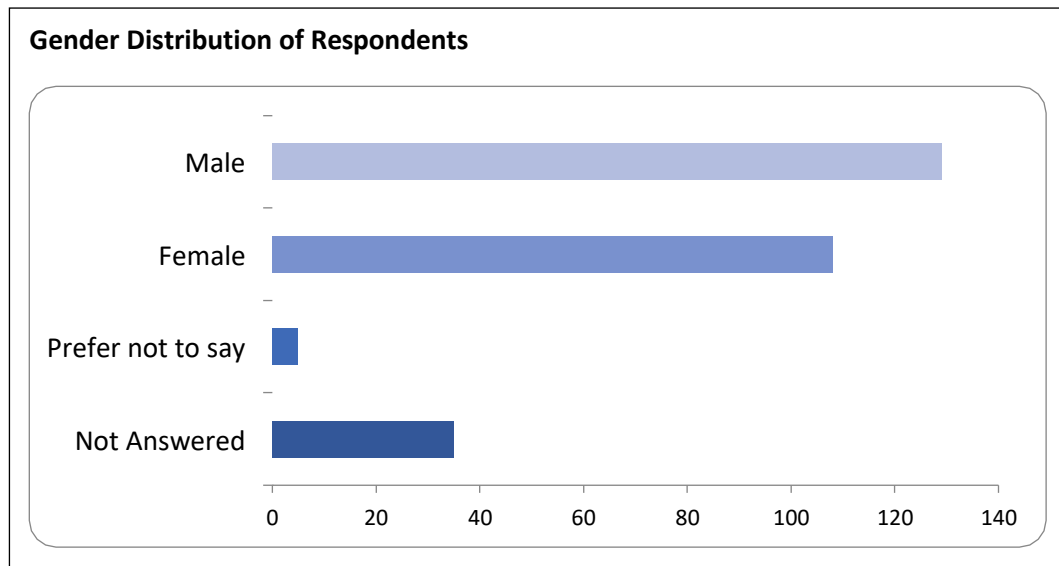
### Profile of Respondents



It can be seen from the table above the highest number of respondents (56) corresponds with the 18 – 29 age group. It can also be seen from the responses (47) that the next highest group of respondents is the 30 – 39 group.

### Gender

Of the 242 people that responded to this question the majority of respondents 46.57% identified as being Male and Female 38.99% preferring not to say 1.81% and 12.64% who did not answer.



<b><i>If you answered yes to the previous question</i></b>		
<b>Do you currently live as the sex you were given when you were born?</b>		
<b>Option</b>	<b>Total</b>	<b>Percent</b>
<b>Yes</b>	58	20.94%
<b>No</b>	3	1.08%
<b>Prefer not to say</b>	17	6.14%
<b>Not Answered</b>	199	71.84%

### **Gender Reassignment**

Of the 216 people that responded to this question the majority answered **no** 68.59% and 1 respondent selected **yes** 0.36%

### **Have you changed your sex or planning to change you sex?**

<b>Option</b>	<b>Total</b>	<b>Percent</b>
<b>Yes</b>	1	0.36%
<b>No</b>	190	68.59%
<b>Prefer not to say</b>	25	9.03%
<b>Not Answered</b>	61	22.02%

There were 78 people that responded to this question, this does not correspond with the 1 response to the previous question

There were 30 responses to this part of the question, this does not correspond with the responses to the previous question

<b>If you do not live as the sex you were given at birth, are you?</b>		
<b>Option</b>	<b>Total</b>	<b>Percent</b>
<b>Transgender</b>	0	0.00%
<b>Non binary</b>	0	0.00%
<b>I identify differently</b>	0	0.00%
<b>Prefer not to say</b>	30	10.83%
<b>Not Answered</b>	247	89.17%

## Relationships

Do you have any of the following?		
Option	Total	Percent
Physical Impairment	55	19.85%
Visual Impairment	50	18.05%
Learning difficulty	102	36.82%
Hearing Impairment/deaf	34	12.27%
Learning disability	108	38.99%
Long-term illness that affects your daily life	50	18.05%
Autism/Asperger's	58	20.94%
Dementia	23	8.30%
Mental Health condition	42	15.16%
Prefer not to say	13	4.69%
Not Answered	77	27.80%

Of the 211 people who responded to this question on sexual orientation the majority of respondents 51.62% identified as being heterosexual/straight, 23.83% did not respond to this question and 21.30% preferred not to state any sexual preference. There were however, 1.44% of people who identified as being Gay, 1.08% stated they were Bisexual, and 0.72% responded I identify differently.

How would you describe your sexual orientation		
Option	Total	Percent
Heterosexual/straight	143	51.62%
Gay	4	1.44%
Lesbian	0	0.00%
Bisexual	3	1.08%
I identify differently	2	0.72%
Prefer not to say	59	21.30%
Not Answered	66	23.83%

## Disability

*Initially this question was not configured as a multi check question but was updated on the 18<sup>th</sup> of November 2021. We received 26 responses to this question prior to it being reconfigured, the numbers have been merged in the table below.*

Of the 277 overall responses 38.99% said they had a learning disability, 36.82% replied they had a learning difficulty, 19.49% said they had Autism/Asperger's, closely followed by 20.94% who reported they had a physical disability.

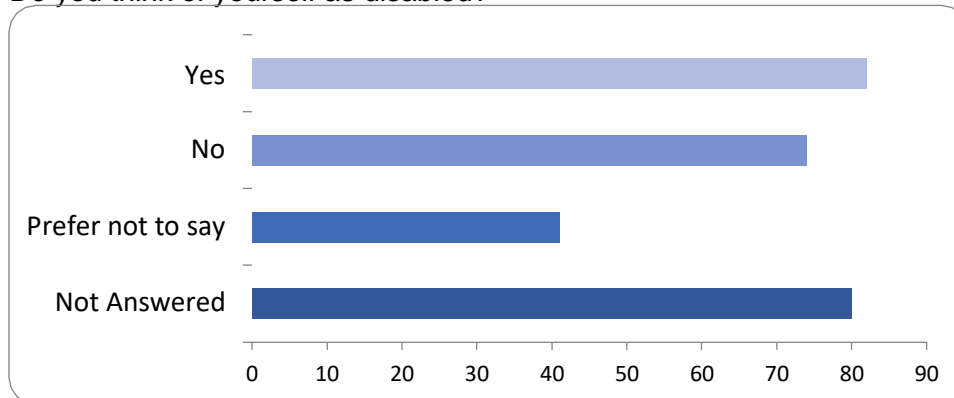
This was further broken down as follows:

Of those that responded 18.05% state that they had a visual impairment this was the same as those who report that they have a long-term illness that affects your daily life and 15.16% who report they have a mental health condition, the next highest group were those that had a hearing impairment/deaf 12.27%.

If you have Cancer, diabetes or HIV this is seen as a disability under the Equalities Law.

Or you have selected any of the boxes in the question above?

Do you think of yourself as disabled?



It can be seen from the table above the highest number of responses think of themselves as disabled (82) and (74) respondents do not think of themselves as disabled. Overall there were 197 responses to this question (80) respondent did not answer and (41) preferred not to say.

### Religion or Belief

What is your religion or belief?	Total	Percent
<b>Option</b>		
<b>No religion/belief</b>	30	10.83%
<b>Christian</b>	132	47.65%
<b>Hindu</b>	0	0.00%
<b>Muslim</b>	0	0.00%
<b>Jewish</b>	0	0.00%
<b>Sikh</b>	0	0.00%
<b>Other</b>	8	2.89%
<b>Prefer not to say</b>	48	17.33%
<b>Not Answered</b>	59	21.30%

Overall there were 218 responses to this question regarding religious beliefs. The greatest number of responses 47.65% was from respondents who classified themselves as Christian of all denominations. 10.83% stated they had No religion/belief and 2.89% that classified themselves as other. This question was not answered by 21.30% and a further 17.33% preferred not to say.

## Race and Ethnicity

Of 204 people who responded to the question on race and ethnicity the majority of respondents 41.88% identified as being English, 23.83% stated that they are British. the next highest scores were Black British with 1.44% and White and Asian, Irish, and Scottish with 0.72%. There were 4.33% who preferred not to state their race and ethnicity.

<b>Do you identify as</b>		
<b>Option</b>	<b>Total</b>	<b>Percent</b>
<b><u>Asian or Asian British</u></b>		
Indian	0	0.00%
Bangladeshi	0	0.00%
Pakistani	0	0.00%
Black	0	0.00%
Chinese	0	0.00%
Other Asian Background	0	0.00%
<b><u>Black or Black British</u></b>		
African	0	0.00%
Caribbean	0	0.00%
Black British	4	1.44%
Black Asian	0	0.00%
Other Black Background	0	0.00%
<b><u>Mixed Ethnic Background</u></b>		
White and Black Caribbean	0	0.00%
White and Black African	0	0.00%
White and Asian	2	0.72%
Other mixed ethnic background	0	0.00%
<b><u>White</u></b>		
Welsh	0	0.00%
Irish	2	0.72%
Scottish	2	0.72%
English	116	41.88%
Northern Irish	0	0.00%
British	66	23.83%
Other White Background	0	0.00%
<b><u>Other</u></b>		
Gypsy/Irish Traveller	0	0.00%
Roma	0	0.00%
Polish	0	0.00%
Latvian	0	0.00%
Portuguese	0	0.00%
Prefer not to say	12	4.33%
Not Answered	73	26.35%

## Is there evidence that the Public Sector Equality Duties will be met?

*The Equality Act 2010 requires that those subject to the Equality Duty must, in the exercise of their functions, have due regard to the need to:*

- 1. Eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Act.*
- 2. Advance equality of opportunity between people who share a protected characteristic and those who do not.*
- 3. Foster good relations between people who share a protected characteristic and those who do not.*

*The Act explains that having due regard for advancing equality involves:*

- Removing or minimising disadvantages suffered by people due to their protected characteristics.*
- Taking steps to meet the needs of people from protected groups where these are different from the needs of other people.*
- Encouraging people from protected groups to participate in public life or in other activities where their participation is disproportionately low.*

The options proposed do not involve any change to the criteria for accessing a day opportunity, as assessed via the Councils eligibility criteria but the service offer may change.

Service users will continue to have an individual care plan which is reviewed each year in accordance with the Care Act 2014.

In assessing the care needs of service users Sefton Council is required to have regard to it's public sector equality duty.

With respect to the above;

### **Eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Act.**

Day opportunity services will continue to be provided based on assessed need and to improve required outcomes.

Performance monitoring of contracts regularly takes place and Social Workers and families / advocates give feedback as to the treatment of Service Users. In addition, the Council monitors data on contracts to ensure that there is fair access to all that meet the eligibility criteria.

## **Advance equality of opportunity between people who share a protected characteristic and those who do not.**

Day opportunities enable local people to live the lives they want to lead, retain their independence, and live a fuller life, enabling them to socialise with others and meet people who may be in a similar situation whilst making a positive contribution to the community.

People should have a purpose, to do things members of the wider community would do, ensure friendships and connections whilst creating a sense of belonging which prevents social isolation.

Under current eligibility assessments, Service User's religious and cultural needs are considered and where specific needs are identified these are met, thus enabling them to participate in public life.

## **Foster good relations between people who share a protected characteristic and those who do not.**

Day opportunities support people with disabilities to continue live and become part of the community thus making sure that disability is accepted and understood by the wider community.

Day opportunities provide services users with the opportunity to connect with others, linking into other support and making service users feel safe and secure.

Day Opportunities provide respite to carers to allow them to continue in their caring role

All Provider's must evidence how they will treat Service Users with respect and dignity and deliver services in a way which is free from discrimination, bullying and harassment for Service Users and Support staff.

In addition;

- The Council will analyse all responses to the consultation and compile a report to be shared with relevant stakeholders
- The Council will continue to work with Provider's to ensure that they provide appropriate services to disabled people on a contract and service specification basis and monitoring of service delivery.
- The Council as the commissioning agent will remind service Provider's, when undergoing changes to their services to treat their staff in accordance with Equality and Employment law.
- Service Users are and will continue to be assessed in a qualitative manner in accordance with national guidance and Care Act 2014.
- Under Section 47 of the National Health Service and Community Care Act 1990, individual services provided will be privy to regular review to assess if those services are meeting assessed needs.


- The draft service specification which will be further co-designed contains specific requirements relating to equalities.
- Day opportunities services are designed, costed and targeted to support disabled people, older people to remain in the community but have access to activities and friendship groups.

**What actions will follow if proposal accepted by cabinet & Council?** (updated post consultation)

*Include details of any mitigating action and ongoing monitoring to address any of the equality impacts highlighted above*

- We will undertake consultation or communications and following the determination of the legal requirements to consult with Day Care service users which will include obtaining client views on the impact of COVID and the reshaping of day opportunities. This information will in turn be used to ascertain any possible impacts on access to day opportunities for service users and will influence service co-design and market management
- We will undertake consultation or communications and co-production following the determination of the legal requirements to consult with Day Care providers which will include obtaining provider views on the impact of the implementation of any decision around reshaping services and this information will in turn be used to ascertain any possible impacts on access to day opportunities for service users, or any regulatory impacts on individual Providers.
- The council recognises that people value day opportunities however there is a need to address some of the barriers adults face in participating fully in community-based activities.
- The Council needs to continue to listen to the voice of people with lived experience of day opportunities in Sefton and to co-design future services to ensure they are person centred and strength based.
- The council also needs to plan for young people transitioning into adulthood- when designing services to ensure young adults have access to a wider range of services that are suitable and supports them to be resilient, independent, and focus on the outcomes they wish to achieve.
- We will continue to explore ways in which we can improve the day opportunity sector, including;
  - Developing pathways onto education, supported employment, internships, job coaching, training and volunteering opportunities
  - Facilitate a cultural shift based on strength-based practice and commissioning at place level linked to the integration agenda



- 
- Developing innovation partnerships with stakeholders
  - Facilitate the development of community interest companies
  - Facilitate participation in leisure, arts, hobbies and socialising
  - Enable friendships and local connections within the community to develop a sense of belonging
  - Appropriate training to upskill staff support for more complex service users
  - Identifying scope for reducing overreliance on support in services through Providers identifying flexibilities in support hours which adapt to changes in Service User's needs and continues to promote independence
  - Linkages to other initiatives such as greater use of Technology Enabled Care solutions for better self-management of longer-term health conditions
  - Robust market management in relation to cost and quality
  - Cost of Care modelling to inform appropriate unit cost
  - Align to the implementation of the Extra Care Strategy
  - Align to the implementation of the Supported Living Plan and Strategy
  - Align to the implementation of the Intermediate Care Strategy/Domiciliary Care and Enablement
  - Plan and shape the market more effectively in relation to transitions and preparation for adulthood
- National and local factors concerning the cost of care and the demand for services will also be monitored, such as changes to the demographic profile of the borough and the demand for more specialist services.
  - Risk management work will be conducted which will include analysis of the capacity within the market and the ability of the market to support more complex individuals. This analysis will also be informed by performance information on numbers of day opportunity places commissioned and the ability to meet current and future demand and complex individual needs
  - Monitoring of Safeguarding referrals and regulatory notifications will also continue.